

LITTLE FLOWER PARISH

FIRST SUNDAY IN LENT
FEBRUARY 18TH, 2024

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm

Ash Wednesday, Feb. 14: 9:45 am and 6:00 PM

Thursday and Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Temporary Office Hours

(for in-person service)

Tuesdays & Thursdays: 9:30 am - 1:30 pm.

Phone calls and emails will be handled as usual.

Regular in-person office hours will resume on
February 26th at 9:30 am.

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &

Lauana Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email:

littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: Forgiveness is hard to give and hard to believe. We look for a sign that speaks to our trust. Will our crippled hearts ever love completely? The Lord gives us proof our fears are groundless. In his healing power, we will rise to life and love.



This Week in the Parish . . .

Contact the office to request a Mass for your loved ones. The agenda for 2023 Mass requests is open

Mass intentions for this week are:

- Tues. 20, Intentions of Louis Dietrich and family
- Wed. 21, +Repose of Dolores Blank
- Thu. 22, +Repose of Dolores Blank
- Fri. 22, +Repose of Dolores Blank
- Sat. 23, +Repose of Kathleen Wingerter

Altar Server of the week: Gabe Seiferling

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.



Return to Vibrancy Announcement:

Saint Thérèse never had an easy life. Although she suffered from depression, tuberculosis, and religious doubts she maintained a smiling, pleasant, and unselfish manner. She acknowledged that not one day had ever passed without a struggle. But she still lived with a great sense of peace and joy.

Her sense of commitment led her to a profound experience of the love of God.

St. Thérèse said: "Look at His adorable face. Look at His glazed and sunken eyes. Look at His wounds. Look Jesus in the Face. There, you will see how He loves us."

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as

far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Development and Peace — Caritas Canada: a movement of solidarity



Established in 1967, Development and Peace — Caritas Canada is the official international solidarity organization of the Catholic Church in Canada.

We address the root causes of poverty, oppression, and inequality by working with partners in the Global South and by mobilizing Canadians in the common struggle for justice and dignity. We cham-

pion women and social movements as key agents of lasting change. Our transformative work is possible thanks to the generosity and support of our members and Canadians who stand by us.

Join the movement of over 12,000 members and help us bring our campaigns to life in your community. Visit devp.org/membership

2023 Income Tax Receipts



The 2023 income tax receipts are now available, at the back of the church. They may be found to the left hand side as people are exiting the Church. If you would like to receive it by email please contact us sending a request for

littleflowerregina@sasktel.net



Stations of the Cross

If parishioners or visitors wish to participate in the Stations of the Cross during Lent, they are invited to join us every Tuesday following the 4PM Mass. As we journey through the stations, reflecting on the Passion of Christ, we recall the words from Luke 9:23, **'Then he said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me."'** May our communal reflection deepen our understanding of Christ's sacrifice and inspire us to carry our own crosses with faith and courage.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Germain Beurivage, Ann Dornmuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Anthony Wingerter, Louise Wingerter, Frances Gyurek, Barb's brother and family who lost their home in a fire, Delores Blank, Theresa Sokalski, Judy Klenk, recovering from surgery, Karyle and Irwin's Family at the passing of Delores Blank, the lonely, vulnerable, and homeless, Suffering in the world, as well as all who are affected by war.

Stewardship Bulletin Bit February 18, 2024 1st Sunday of Lent

"After John had been arrested, Jesus came to Galilee proclaiming the gospel of God..."

Mark 1:14

Have you ever thought about how difficult it must have been for Jesus to go to Galilee, knowing that John had just been arrested for teaching the same message that He was proclaiming. It took great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, living a stewardship lifestyle takes great love and trust from us. We must be willing to surrender completely to God, trusting that He will always give us all that we need to fulfill His plan for us.

Vocation View

"This is how I want you to conduct yourself in these matters. If you enter your place of worship and, about to make an offering, you suddenly remember a grudge a friend has against you, abandon your offering, leave immediately, go to this friend and make things right. Then and only then, come back and work things out with God"

Matthew 5:23-24

UPDATE ON MASSES AT BLESSED SACRAMENT PARISH

Because of the Arson/Fire here, no scheduled Eucharist will be at Blessed Sacrament Church until further notice. Currently, smoke scrubbers are at work inside the facilities, and tests will be taken later this week to further assess the damage and the air quality so that our church is safe for all those attending. There will be NO scheduled Mass at Blessed Sacrament Church for Ash Wednesday. With the cooperation of Holy Rosary Parish Community, parishioners are welcome to attend these services at Holy Rosary Cathedral.

Ash Wednesday at Holy Rosary Cathedral

9:00 AM

10:00 AM

12 Noon (Fr. Jim presiding/added for Blessed Sacrament Parishioners)

7:00 PM

Weekend Sunday Mass at Holy Rosary Cathedral

Saturday 5:10 PM (Fr. Jim presiding/added for Blessed Sacrament Parishioners)

Sunday 9:00 AM (Fr. Jim presiding)

Sunday 11:00 AM

Sunday Evening, 7:00 PM

Archdiocese of Regina Social Media and Catholic News

Facebook: facebook.com/ArchdioceseofRegina/

Instagram: @archdioceseofregina

YouTube: youtube.com/archdioceseRegina

ArchRegina Weekly Report: Signup for weekly

Catholic News at archregina.sk.ca/news/

Catechesis of the Good Shepherd

Inside a Catechesis of the Good Shepherd atrium, what you find is an array of materials prepared for a child to use in a repetitive work of their hands. In and through this manual work is how they hear God's voice and deepen their understanding of a particular scripture story or liturgical element. The material is real – wood, cloth, metals, ceramics, and glass. These are things a child naturally understands to be real, precious, and worthy of cherishing. Much of the material is locally handmade. Every atrium across the globe has its own story of a talented and generous community coming together to build it. Our Good Shepherd never fails to provide for everything we need! We shall not want. Wonder with us! For more information, visit cgsac.ca or contact regina.cgs33@gmail.com

Suffering and the Pascal Mystery with Deacon Eric Gurash

Join us for a faith-enriching evening as Deacon Eric Gurash reflects on the heart of our Christian faith: the Pascal Mystery. This event will take place at Holy Family Parish on Thursday, February 29, from 6:30 to 8:30 pm. Deacon Gurash will delve into the depths of the Pascal Mystery as discovered within Scripture and our human experience. He'll shed light on the Pascal Mystery's connection to human suffering, offering perspectives from Popes Benedict XVI and Saint John Paul II. All are welcome to attend this engaging journey into the foundational aspects of our Christian belief, touching upon themes of redemption, resurrection, and the transformative power of Christ's sacrifice. We look forward to seeing you there.

TF#388: Books That Changed Brett's Life - Part 2

In this part two of two episodes, Deacon Eric sits down with Dr. Brett Salkeld to discuss three non-fiction, non-theological books that changed his life. This week, You Are Not Your Pain by Vidyamala Burch and Danny Penman and a surprise book that changed Brett's life without him ever reading it!

<https://thinkingfaith.libsyn.com/books-that-changed-bretts-life-part-2>

Taste of the Philippines Saturday, March 2

Cocktails 6:30 pm / Supper 7 pm

Holy Trinity Roman Catholic Church

5020 Sherwood Drive, Regina

(parish hall, north door, elevator may not be available)

Cash Bar: wine, beer/50/50 draw

Tickets: Adults \$25, 7-12 yrs \$12 and 6 & under free.

Proceeds to Holy Trinity elevator fund

Food, Fun & Entertainment: Join us in dressing tropically! For tickets, call Debbie at [306-545-7654](tel:306-545-7654) Or stop into the church office Mon-Fri 9 am – 3 pm

Our Lady of Peace Parish Invites you to Lenten Prayer Lunches

Fridays During Lent Starting February 16

Adoration at Noon

Prayer at 12:15PM

Soup to follow

Free will offering

Proceeds will be offered to Development and Peace.