

LITTLE FLOWER PARISH

**2ND SUNDAY OF LENT
MARCH 16, 2025**



Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 am to 1 pm

Parish Staff

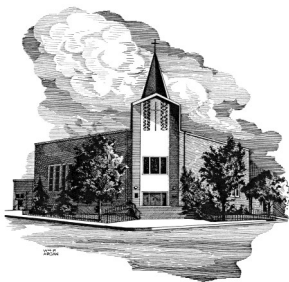
Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &

Lilian Marouelli

Caretaker/Maintenance: Rick Morin

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net



Little Flower is wheelchair accessible through the Edgar Street entrance



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

2ND SUNDAY OF LENT

MARCH 16, 2025

Theme: Quickly made, sometimes broken, eventually forgotten. Such is the frailty of human promises. God's promise, made long ago to Abraham, has already been fulfilled in Jesus. Today God invites us to believe in Jesus, whose power will completely transform us.



Mass Intentions

Tuesday	4:00 pm	Int. of Alexavier, Dinesh & Naveen Singh
Wednesday	8:00 am	Int. of Rose Eberli
Thursday	8:00 am	No Mass Intention
Friday	8:00 am	No Mass Intention
Saturday	5:00 pm	Repose of Kathleen Wingerter

Altar Server: Gabe Seiferling

To request a Mass Intention, please contact the Parish Office. The 2025 agenda is open.

St. Thérèse



When St. Therese was fifteen, she asked the Pope for permission to enter the Carmelite order, even though she was too young. When she began her postulancy she took the name "Sr. Therese of the Child Jesus and the Holy Face." She dedicated her life to simple acts, for she believed that it was the small daily tasks that made one holy. This became known as St. Therese's "Little Way". It is the way we are called to do ordinary things with extraordinary love.

St. Thérèse said: "Love proves itself by deeds, so how am I to show my love?"

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bits
March 16, 2025
2nd Sunday of Lent

"I am the Lord who brought you from Ur of the Chaldeans to give you this land as a possession." - Genesis 15:7

Just as the Lord gave Abraham, Moses, and the Israelites a land to possess, He has also given each of us a home. Whether your home is grand or humble, it is a gift from God. Abraham prepared a great sacrifice to the Lord in gratitude for the home God gave him. How do you show your gratitude to God for the home He has given you? Do you make a sacrifice of any kind? Do you return any of your finances to God, investing in your eternal home just as you invest in your earthly home?

Readings for the 2nd Sunday of Lent

First Reading: [Genesis 15:5-12, 17-18](#): God promised Abram countless descendants and the land from Egypt to the Euphrates. Abram believed, and God made a covenant with him, marked by a ritual with animal sacrifices.

Responsorial Psalm: [Psalm 27](#): The Lord is my light and salvation. I seek His presence and help, trusting I will see His goodness. Wait for the Lord with courage.

Second Reading: [Philippians 3:17 – 4:1](#): Imitate those who follow Christ. Many focus on earthly things and face destruction. Our citizenship is in heaven, and Jesus will transform us. Stand firm in the Lord.

Gospel: [Luke 9:28B-36](#): Jesus took Peter, John, and James to pray on a mountain. His appearance changed, and Moses and Elijah appeared. A cloud overshadowed them, and a voice said, "This is my chosen Son; listen to him."

A Lenten Retreat with the Myriam Family

The season of Lent is upon us once again, and with it the invitation to a shared journey toward the new life of Easter. With Christ as our constant companion and guide, we make our common pilgrimage from ashes to alleluia. In this Jubilee Year, we are especially encouraged by Pope Francis to make this Lenten journey as *pilgrims of hope*. The Holy Father asks us to consider this question: "Am I really on a journey, or am I standing still, not moving, either immobilized by fear and hopelessness or reluctant to move out of my comfort zone?" This is a striking challenge to consider.

On Wednesday **March 26th at 7:00 pm** the Myriam Family will lead a "*Hoping against Hope*" evening retreat at Little Flower.

Come join together for talk, song and adoration.

"Let us journey together in hope"

Please contact the Parish Office at 306-522-8583 to Register.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out.

Pray especially for the repose of the souls of Tim Wingerter and Hartley O'Connor. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, Judy Klenk and Pope Francis.

Thank You for Making Our International Dinner a Success



We are deeply grateful to everyone who joined us for our sold-out 2025 International Dinner! Your presence and support made the event truly unforgettable.

A special thank you goes to the incredible cultures that shared their delicious cuisines with us, each dish prepared with love and passion. Your culinary talents took us on a delightful journey around the world.

We also want to express our heartfelt appreciation to the amazing volunteers who dedicated their time and effort to make this event a success. Your hard work and commitment did not go unnoticed.

A huge thanks to the committee members whose tireless efforts and meticulous planning brought everything together so seamlessly. Your dedication to excellence made this event possible.

We are also grateful to Jesse Stradeski, our Elvis for the evening, who entertained us with fantastic music, adding so much joy and energy to the night.

Finally, we extend our sincere thanks to Father Jake and everyone who worked behind the scenes to help organize and support the event. Your invaluable contributions made this evening a wonderful celebration of cultural diversity and unity.

Thank you once again for being a part of our 2025 International Dinner success story. We look forward to many more memorable gatherings in the future!

Warm regards,

Little Flower Team

Nominations for Parish Council & Finance Committee



Please return your nomination forms for the Parish Council and Finance Committee by Sunday, **March 23, 2025**. Nominees must be registered parishioners, fully initiated into the Catholic Church, and 16 years or older.

Thank you!

Turn Debt into Hope : Sign the petition!



In this Jubilee Year, Pope Francis calls on us to take part in the global Turn Debt into Hope campaign to “forgive the debts of countries that will never be able to repay them.”

Knowing that 3.3 billion people live in countries that spend more on foreign debt repayment than on health or education, we must act!

Sign the global petition calling for:

1. Canceling unjust and unsustainable debts
2. Reforming the global financial system to prioritize people and the planet
3. Establishing a binding and comprehensive debt framework within the United Nations.

Please sign the petition in church or online at devp.org/debt.

13 Tuesday Devotions in Honour of St. Anthony

Each year many faithful from around the city seek the intercession of Saint Anthony, and attend our 13 Tuesday Devotions, which began in 1933. We can turn to St. Anthony to help us find what we've lost, but let's not stop at our car keys or important documents. What about times when we've lost our faith, when we've lost our way or when we've lost all hope?

Let us bring these matters to St. Anthony, and we might discover that what we find is even better than what we thought we lost. Saint Anthony's Roman Catholic Parish (2275 Atkinson Street) invites you to the Thirteen **Tuesday Devotions in Honour of Saint Anthony, beginning March 18th at 7:00 p.m.**

Pope's March prayer intention: 'for families in crisis'

Pope Francis releases his prayer intention for the month of March 2025, and invites everyone to pray for "families in crisis," as he acknowledges that no family is perfect, but that when we forgive our family members, we can rediscover peace.

Thinking Faith S02 E01: New Beginnings, Exploring Vocations, and the Latin Mass

Thinking Faith now on video! Deacon Eric and Dr. Brett Salkeld celebrate their first video podcast with a lively discussion. They tackle last few Conquest Boys Club questions including how to become Pope, and why the Latin Mass seems to appeal to young Catholics reflecting on balancing tradition with a vibrant faith community.

Tune in for insight, humor, and heartfelt conversation! <https://youtu.be/IITL26xBD60?si=B7JbCCBScQ2BmJk2> Find past episodes at <https://thinkingfaith.libsyn.com/> or [wherever you listen to your podcasts.](#)

Save the Dates!

The Women's Commission of the Archdiocese of Regina invites you to a special three-part study of the **Final Document of the Synod on Synodality**. This is an opportunity to come together as women of the Church to explore the key themes of Communion, Participation, and Mission, deepening our understanding and engaging in meaningful discussion.

Why Join?

- Gain familiarity with the Synod's final document
- Discuss its potential impact on our Church and lives
- Share your voice and reflections in a welcoming space

Event Details:

Session 1: The Heart of Synodality – Called by the Holy Spirit to Conversion

April 2, 7:00 – 9:00 PM

Presentation by Fr. Raymond Lafontaine, followed by discussion and reflection

Session 2: The Conversion of Relationships & Processes

April 9, 7:00 – 9:00 PM

Session 3: Forming a People for Missionary Discipleship

April 16, 7:00 – 9:00 PM

This study offers a unique chance to engage with the Synod's vision and reflect on how it shapes our faith, community, and role as women in the Church. We hope you'll be part of this important conversation.

The RSVP will be available soon.

We look forward to journeying together. Questions? Email womenscommissionregina@gmail.com