

LITTLE FLOWER PARISH

ALL SAINTS SUNDAY

NOVEMBER 1, 2020

Further, in keeping with the Code of Canon Law no. 87, I grant to all the Catholic faithful dispensation from their Sunday obligation until further notice. Temporary Masses Hours, up to 65 people only, by appointment:

Little Flower Sunday Masses

Saturdays, 5:00 p.m.

Sundays, 10:00 a.m.

Weekday Masses

Tuesday 4:00 p.m.

Wednesday to Friday 8:00 a.m.

Little Flower Office Hours

Temporary Hours: Tuesdays and Thursdays

10:00a.m.—4:00 p.m.

Parish Staff Team

Parish Administrator: Rev. Jake Ibay

littleflowerregina@sasktel.net

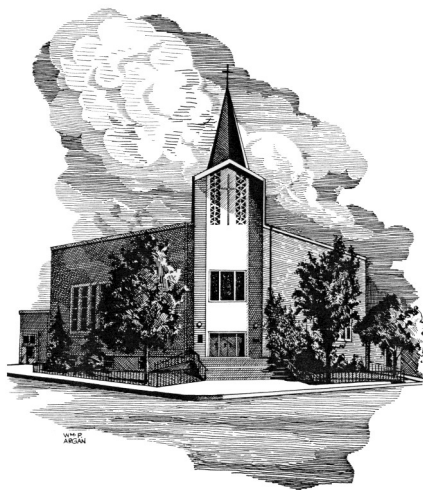
Office Administrator: Gádia Braga

gadia.littleflower@sasktel.net

Pastoral Assistant: Bonnie Thiele Hunt

bonnie.littleflower@sasktel.net

Caretaker / Maintenance: Rick Morin



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Regina, Saskatchewan

S4N 0X2

Phone (306) 522-8583

E-mail: littleflowerregina@sasktel.net

Website: www.littleflowerregina.ca



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.

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NOVEMBER 1, 2020

Theme: What brings us together is God's gift of unity. What keeps us together is the reverence with which we serve each other in love. It is especially in our families that this reverence must be active.

Today the church honors all the saints, known and unknown. We share with them the gifts of Baptism. They have grown to glory, but we are still on the way. Our hope is to be one with them in Jesus Christ.

This Week in the Parish . . .

Daily Mass intentions as listed below:

Tues., November 3	Thanksgiving of Cabanda Family
Wed., November 4	+Repose of Roberto Dequinto & Lucila Bedonia
Thurs., November 5	Intentions of Josephine Goski
Fri., November 6	+Repose of Emelio & Aurora Cristobal
Sat., November 7	+Repose of Lucia T. Camba

Weekday Lector/Altar Server: Barb Aman

A complete list of daily Mass intentions (November) may be found on the parish website.

Weekday Masses from Wednesday to Friday will be back to 8:00am starting on November 3rd, Tuesdays will remain at 4:00pm.



Preparation for the Sacrament of Reconciliation

Little Flower Parish will be holding sacrament preparation sessions for the Sacrament of Reconciliation. There will be six sessions on Sunday afternoons at 4:00 pm starting on November 8th. For more information, or to register, call our Pastoral Assistant, Bonnie, at 306-352-1651 or email bonnie.littleflower@sasktel.net.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick.

If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Also, please let your parish know if you are entering the hospital.

Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making an atonement so that they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office.

If you wish to have the Mass offered on a specific date, please make arrangements at least one month in advance.



"Blessed are you when they insult you and persecute you and utter every kind of evil against you (falsely) because of me." - Matthew 5:11

We are all at different points on the path to holiness, on getting to Heaven and becoming a saint. Part of the journey is being mocked and ridiculed by others. When this happens, how do you respond? Do you become silent? Do you react in anger or do you react with love? Fortunately, as one Body of Christ, we are united with the saints already in Heaven. Ask your favorite saint for guidance in defending the Faith.

First Friday Adoration



First Friday/First Saturday all-night vigil in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary is November 6/7 at St. Mary's Catholic Church on Winnipeg Street in Regina. Mass begins at 7:30 P.M. Friday ending with mass at 8:00 A.M. Saturday morning. There is confession before and after mass. Please come for some or all of the vigil. Please register by telephoning (306) 525-9744.

Visitation House Thanks You - Queen City Marathon 2020



This year's marathon was virtual, but the needs of Visitation House are real. In the past 20 years of the Queen City Marathon, Fr. John Weekend has raised almost \$160,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina. Although Fr. John has retired from running, he still organizes the "Holey Soles" team and continues this wonderful work and 2020 was exceptional in these Covid-19 times. Watch the video <https://www.youtube.com/watch?v=b80C5edfNm8> to meet the team and messages from Theresa Hilbig, Executive Director of Visitation House and Fr. John.

Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially:



Florence Barrow, Trevor Harle, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, and Louise Wingter.

COVID-19 Update

We are open for Masses for a maximum of 65 people. If you would like to come for Mass, please call or email the parish Office Administrator (contact on the first page) until Thursdays. You don't need to book for weekdays Masses.

Food Drive



The Food Drive will be starting up again. We will have the collection for Marian Centre and Visitation House the weekend of November 14 & 15. The list with their needs is on the bulletin board on the main entrance. We're also including baking for the Marian Centre bagged lunches. Thank you for sharing your treasure with those around you.

Please be mindful that we do not accept packaging that has been opened, items that are partially used or those beyond their expiry date.

Vocation View

"Are you a person of integrity? Do your words match your deeds? Remember, those who are great are those who serve. How do you serve others?" (Matthew 23:1-12)

During this difficult time, your parish needs you!

Covid 19 has limited how we are able to gather. However, our parishes have regular and ongoing expenses. Although you may not be attending Mass, these expenses still remain. During this time, it's prudent to consider how you might support your parish.

Your cheque can be mailed to Little Flower Parish or left in the parish office mail box (no cash please). **OR** Your donation can be made to your parish through the Archdiocese of Regina by:

- Pre-authorized direct debit
- E-Transfer
- Offline by cheque
- By phone
- Credit card

Visit our Giving Page at <https://archregina.sk.ca/giving> for more information on how you can continue to support your parish.

THANK YOU to those who continue to support the parish through their weekly collection envelopes.

Archbishop's Appeal



The Archdiocese of Regina invites all of us to follow Christ's lead in giving to the Archbishop's Appeal. Our donations assist our Archdiocese in bringing the Good News of God's mercy and provident love that imbues hope to others through the support of educational endeavors, ministries, and hospital chaplaincy.

Reflection:

Malachi 1:14-2:2,8-10 | 1Thess. 2:7-9,13 | Matt. 23,1-12

In this Sunday's Gospel reading, Jesus tells the people that the religious leaders of the day, the Scribes and the Pharisees, do not practice what they preach. They seem to be using their positions of power for their own glory. Christ uses this example to teach a lesson; "Whoever exalts himself will be humbled, and whoever humbles himself will be exalted." In the second reading, St. Paul and his companions are in Thessalonica doing the Lord's work proclaiming the Gospel, and they give thanks for the ability to do so. They are there to serve the Lord, to show the people the truth of the Gospel and to rejoice with them as they convert to Christ. This is stewardship in action!

There's nothing wrong with being appreciated for our talents. But as Christians, disciples, and stewards of God's many gifts, we must always remember that all good things come from God, and we must live our lives in humble service and in gratitude for all God has given us.

As stewards of God's many gifts, be mindful that these are entrusted to us to use to serve the Lord. The programs and services funded by the Archbishop's Appeal, faith education and development for children, youth and adults, services for families, training, and formation for parish leaders, social justice outreach and support for rural communities reflect our mission as Christians and by sharing our gifts in support of these programs we ensure that the work of Christ our Lord touches the lives of everyone in the Archdiocese of Regina. [Source: Adapted from Appeal 2017 Parish Manual]

"Do not be afraid to be holy! Have the courage and humility to present yourselves to the world determined to be holy, since full, true freedom is born from holiness."

~ St. John Paul II

TF216: Mark Shea and The Church's Best Kept Secret - Part 2

We continue our multi-part discussion with Catholic author, blogger, and speaker Mark Shea on his latest book *The Church's Best Kept Secret: A Primer on Catholic Social Teaching*. We dig into the various pillars of Catholic social teaching and their connections to the Gospel and our lives.

"It's really important to understand; the Gospels are underground literature written to the Church...they are not literature written to Christians in order to give them the right to say "I thank you O God that I am not like other men."

Get a signed copy of *The Church's Best Kept Secret: A Primer on Catholic Social Teaching*. Buy direct from Mark at <https://markpshea.com/mark-shea-shop/>. <https://thinkingfaith.libsyn.com/mark-shea-and-the-churchs-best-kept-secret-part-2>.

Emmaus Family Support

One in five families in our parishes and neighbourhoods are affected by mental health challenges. Emmaus Family Support offers peer-led support for mental health caregivers. We are a gathering of individuals who are the primary caregivers of loved ones experiencing mental health challenges that meet on the fourth Thursday of each month to share prayer, mental health resources, and life experience. Our focus is on shared learning, building resiliency, walking together, and moving toward healthier lives for ourselves and those we care for. If you would like more information on how to take part, please contact Deacon Eric Gurash at emmausmentalhealth@gmail.com.

The Diocese Tonight Episode 3 – Everyday Saints



"The Diocese Tonight" airs on Sunday November 1 at 7:00 PM. It can be found at www.youtube.com/user/ArchdioceseRegina. The Diocese Tonight is a "virtual family gathering" that celebrates the diversity of people that make up our diocesan faith family. Join us to laugh, learn, pray, sing and celebrate. Watch the trailer here <https://youtu.be/VXZxURC33sc>.

COVID-19 UPDATES

Weekday and Sunday Mass Livestreamed

English Weekday and Sunday Masses are livestreamed at 9:00 AM daily from Christ the King and Resurrection Parishes. French Sunday Masses are livestreamed from St. Jean Baptiste Parish every two weeks. For livestream Links visit www.youtube.com/ArchdioceseRegina.

Prayers and Devotions – Here you will find information on daily Mass, daily readings and reflections, prayers, stations of the cross and other resources that may be valuable during this time of social distancing. <https://archregina.sk.ca/prayers-devotions>