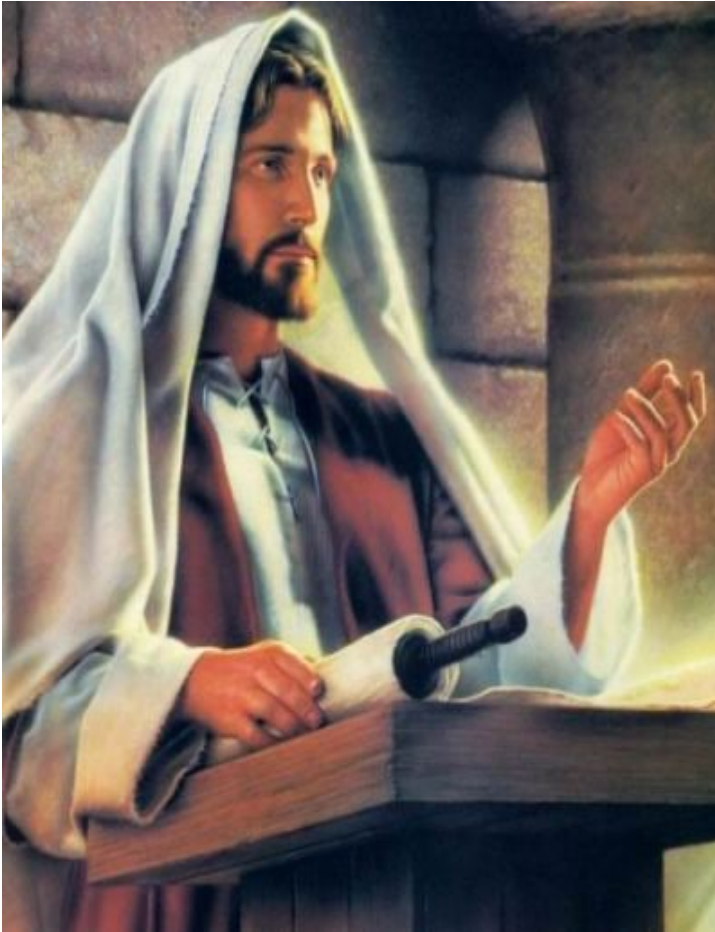


# LITTLE FLOWER PARISH

**3RD SUNDAY IN ORDINARY TIME  
JANUARY 26, 2025**



## **Little Flower Weekend Masses**

Saturday 5 pm

Sunday 10 am

**Reconciliation** prior to mass OR by appointment

## **Weekday Masses**

Tuesday 4 pm

Wednesday to Friday 8 am

## **College Park I Retirement Residence Liturgy**

1st & 3rd Thursday of the month 10 am

## **College Park II Retirement Residence Liturgy**

2nd & 4th Friday of the month 10 am

## **Office Hours (for in-person service)**

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 am to 1 pm

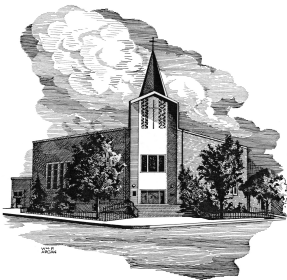
## **Parish Staff**

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &  
Lilian Marouelli

Caretaker/Maintenance: Rick Morin

**MISSION STATEMENT:** *Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



**420 College Avenue**

**Regina, Saskatchewan**

**S4N 0X2**

**Phone 306-522-8583**

**Email: [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)**



Little Flower is  
wheelchair accessible  
through the Edgar  
Street entrance.



**Land Acknowledgement :** Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

# 3RD SUNDAY IN ORDINARY TIME

## JANUARY 26, 2025

**Theme:** Everytime we gather as the church, we find Jesus present in the world that is proclaimed. He is here to solicit our faith and love. Today, as in the past, the Word can be true for us if we open our ears and hearts to what it tells us.



### Mass Intentions

Tuesday	<b>4:00 pm</b>	No Mass Intention
Wednesday	<b>8:00 am</b>	+Repose of Peter Phuoc Le
Thursday	<b>8:00 am</b>	+Repose of Walter Hinzmann
Friday	<b>8:00 am</b>	No Mass Intention
Saturday	<b>5:00 pm</b>	No Mass Intention

**Altar Server:** Gabe Seiferling

**To request a Mass Intention, please contact the Parish Office. The 2025 agenda is now open.**

### St. Thérèse



At the time St. Thérèse was born, Zèlie Martin was most likely in the early stages of the breast cancer. Considering her health Zèlie found it difficult to care for her newborn baby. Thérèse was not thriving and after three months, the ailing infant was fostered out to Rose Taillé. Rose took over the task during the next twelve months and reared Thérèse into a happy, sun tanned, precocious toddler. Thérèse described herself as bossy and temperamental and frequently given to tears when things didn't go her way.

St. Thérèse said: *"Jesus, help me to simplify my life by learning what you want me to be, and help me to become that person."*

### Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

### Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

**Please also let your parish know if you've been admitted to the hospital.**

**Stewardship Bulletin Bits**  
**January 26, 2025**  
**3rd Sunday of Ordinary Time**

*“Go, eat rich foods and drink sweet drinks, and allot portions to those who had nothing prepared...” Nehemiah 8:10*

Ezra’s instructions to the people show us that God does not forbid us from enjoying the good things in life. He wants us to be happy! However, God expects us to be grateful for all that He has given us and to generously share our blessings with those who are in need. Now, here’s the hard part – to share all we have without expecting anything in return.

**Living In The Psalms - Part 2**



Join Deacon Eric Gurash for part two of the four-part series Living in the Psalms. This week, discover how the five books of the Psalms weave together the story of salvation history, reflecting the experiences of Israel through times of exile, kingship, and restoration. Explore how these ancient prayers continue to shape our spiritual journey, offering hope, healing, and the assurance of God’s steadfast love. <https://thinkingfaith.libsyn.com/living-in-the-psalms-part-2>

**Readings for the 3rd Sunday in Ordinary Time**

**First Reading** – [Nehemiah 8:2-4A, 5-6, 8-10](#): Ezra reads the law to the people from morning until noon. The assembly responds with worship and tears, and Nehemiah encourages celebration and sharing, emphasizing joy in the LORD.

**Responsorial Psalm** – [Psalm 19](#): The LORD’s laws refresh and guide the soul, bringing joy and wisdom. His enduring commands foster a deep reverence that pleases Him.

**Second Reading** – [1 Corinthians 12:12-30](#): Christ’s body, like a human body, consists of many parts, each unique and essential. Unity and diversity coexist, emphasizing mutual respect and shared responsibilities among all members.

**Gospel** – [Luke 1:1-4; 4:14-21](#): Jesus returns to Galilee, teaches widely, and in Nazareth, reads from Isaiah, announcing the fulfillment of the prophecy, emphasizing his mission to liberate and heal, witnessed by his hometown.

**Prayer Ministry**



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for the repose of the souls of Tim Wingerter and Hartley O'Connor.

**International Dinner**



We are excited to announce our upcoming **International Dinner** at **Little Flower Parish** on **Saturday, March 8th, at 6:00 PM**.

This year, we are thrilled to offer an incredible evening filled with a variety of delicious dishes from around the world. Enjoy a culinary journey with appetizers like **Spring Rolls, Bruschetta, and Vegetable Pakora with Chutney**, followed by main dishes such as **Chicken Tikka Masala, Pork Adobo, Banh Tet, Fried Rice, and White Rice**, along with **Corn with Peppers** and **Caesar Salad**.

For dessert, we will have **Bread Pudding, Gulab Jamun in Syrup, and Ice Cream**, along with a selection of beverages.

The evening will also feature entertainment by **Jesse Stradeski’s Elvis Tribute, a 50/50 Draw, and Prize Alley**. We encourage guests to wear their ethnic attire to add to the celebration!

Ticket prices are **\$30 for adults, \$12 for children (7-12 years)**, and **free for children 6 and under**.

All tickets are available for **advance purchase only** through the Parish office at 306-522-8583 or by contacting Gord at 306-596-4767.

Come and join us for a wonderful evening of food, fun, and fellowship as we celebrate the diversity and unity of our community. We can’t wait to see you there!

All proceeds from the event will benefit parish projects.

**National Visitation of the Relics of St. Jean de Brébeuf and of St. Kateri Tekakwitha**

Join us **this Sunday, January 26th**, for a special opportunity to venerate the relics as they travel across Canada for the first time. Mass will be celebrated at 11:00 AM at **Resurrection Parish** (3155 Windsor Park Road), followed by **veneration of the relics until 2:30 PM**. Don't miss this unique and meaningful experience!

## Free Webinar: Caring for Our Common Home

From **February 2 to 8, 2025**, Canada will celebrate the sixth annual National Catholic Health Care Week. This is a time to recognize the mission and contributions of Catholic health teams and ministries across the country.

This year's theme, Caring for Our Common Home, highlights the profound connection between human health and the health of the planet.

You are invited to join a **free webinar on February 6, 2025, from 12:00 – 1:30pm**, featuring information and inspiring stories from Catholic health care. Please see the attached poster and the link below to register: <https://us02web.zoom.us/join/register/17rf8Y5JSLuYTVgYyamxTA#/registration>

Additionally, weekly resources, including daily prayers and reflections, are available to help you explore how our individual and collective actions can promote a healthy world where all can thrive.

These materials can be accessed on the CHAC website: <https://www.chac.ca/en/national-catholic-health-care-week/>

Thank you for supporting this important week of reflection and celebration.

## First Friday Adoration

The First Friday/First Saturday vigil in honour of the Sacred Heart of Jesus and the Immaculate Heart of Mary will be held **February 7 & 8, 2025, at St. Mary's Church in Regina.**

Priests will be available for confession at 6:30 P.M. before Holy Mass as well as after Mass. Mass will occur at 7:00 PM followed by the all-night vigil ending with Mass at 8:00 AM on Saturday morning.

## Pope Francis' Prayer Intention January For the Right to an Education

Let us pray for migrants, refugees and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected. [thepopevideo.org/](http://thepopevideo.org/)

## Turn Debt Into Hope – Worldwide Caritas Campaign Workshop



Our Holy Father has called us all to journey on a pilgrimage of hope this year of Jubilee. But, at the same time, there are over 3.3 billion people in our world who live in countries wracked with spiraling national debt costs. Pope Francis calls on all the Catholic faithful to journey towards Jubilee justice this year, by taking a stand to promote fairness in international debt relief

amid the climate crisis. Join Development and Peace – Caritas Canada members as we respond to this call in our Parish and Diocesan communities. Regina-and-area's **Share Lent Workshop will be on February 8th at Holy Child Parish in Regina at 1:00 PM.** All are welcome!

Can't attend in person? See below for two options for online workshops (these will be both online and in-person):

**February 1st at 10:00 am - 11:15 am** [Click to Register](#) (Saskatoon workshop)

**February 15th at 10:00 am – 11:15 am** [Click to Register](#) (PA workshop)

Contact: Mike LeBlanc at 306-205-2334 or [mleblanc@devp.org](mailto:mleblanc@devp.org). Visit [devp.org](http://devp.org) for more info.

## GREEN RIBBON SUNDAY CAMPAIGN



Regina PRO-LIFE

Regina Pro Life Association is calling on all parishioners to participate in the Green Ribbon Sunday Campaign, which commemorates the Morgentaler decision of January 28, 1988, when the Supreme Court of Canada struck down all abortion laws. Since then, there have been over 4 million abortions in Canada. Green ribbons are available at the back of the church. We encourage you to pick one up and wear it this weekend, January 25 and 26. The ribbons include a prayer to end abortion that we kindly ask you to pray daily.

Thank you for supporting life!