

LITTLE FLOWER PARISH

FIFTH SUNDAY OF LENT
MARCH 17TH, 2024

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy
1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy
2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &
Lauana Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue
Regina, Saskatchewan
S4N 0X2

Phone 306-522-8583

Email:

littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: God promises an internal law of love, written on our human hearts. That covenant can bear fruit in our lives only through our imitation of Jesus who walked through death into new life.



This Week in the Parish . . .

Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open

Mass intentions for this week are:

- Tues. 19, + Repose of Liane Sinkewicz
- Wed. 20, + Repose of Joseph Zdunich
- Thu. 21, + Repose of Clair Wingerter
- Fri. 22, No Mass Int.
- Sat. 23, + Repose of Bill Kotylak

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Return to Vibrancy Announcement:



Saint Thérèse never had an easy life. Although she suffered from depression, tuberculosis, and religious doubts she maintained a smiling, pleasant, and unselfish manner. She acknowledged that not one day had ever passed without a struggle. But she still lived with a great sense of peace and joy.

Her sense of commitment led her to a profound experience of the love of God.

St. Thérèse said: “ Look at His adorable face. Look at His glazed and sunken eyes. Look at His wounds. Look Jesus in the Face. There, you will see how He loves us.”

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bit
March 17, 2024
5th Sunday of Lent

"I will be their God and they shall be my people."-

Jeremiah 31:33

What does it mean to be God's people? It means we recognize that everything we have and everything we are belongs to God. We aren't "owners" of anything, we are merely "stewards" of the gifts God has given us. It means we are willing to use our gifts and our lives to care for our family, our neighbors, and for people we don't know, just as God cares for each of us.

Join Our Weekend Altar Serving

Dear Parishioners,



We extend heartfelt thanks to all the dedicated parents and altar servers who contribute to the vibrant spirit of our parish. Your commitment and service are deeply appreciated. As we continue to grow and serve our community, we would like to invite new members to join

our weekend altar serving. Currently, we have eight wonderful altar servers, but we're eager to welcome more volunteers into this important ministry. If you have a child who is interested in serving at the altar during Mass, we warmly invite you to join us. New volunteers will receive training to ensure they feel confident and prepared before they begin serving. Whether it's assisting during Saturday or Sunday Mass, every contribution makes a difference. If your child is interested in becoming an altar server or would like more information, please don't hesitate to reach out to Kevin Dyck or the Parish Office. Your willingness to serve is a blessing to our parish, and we look forward to welcoming new members to our altar serving team. Thank you for your continued support and dedication to our parish family.

Parish Lenten Confession



Please join us for the Parish Lenten Confession:

Tuesday, March 19th, from 5 to 6 pm.

This is a wonderful opportunity to participate in the sacrament during Lent and experience spiritual renewal.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Ron Strassburger, Barb's brother and family who lost their home in a fire, Delores Blank, Theresa Sokalski, Judy Klenk recovering from surgery, Karyle and Irwin's Family at the passing of Delores Blank, Kay Seiferling

March 17th - Solidarity Sunday



March 17th is a solidarity Sunday. It's a day designated by development and Peace to encourage people to support their work in third world countries. Collection envelopes are in the pews. Please consider making a donation and

join in solidarity with those who believe a better world is possible. The envelopes can be placed in the collection baskets.

Barb Aman

Food drive



Thank you again for your generous donations to Marian Centre and visitation House this past weekend. All of the recipients of these two organizations are very grateful. Some healthy foods that are really needed are canned vegetables and

fruits of any kind as well as chunky soups and stews. We also take monetary donations with which we purchase perishable foods such as meat and eggs. Thank you once more for faithfully being there for the poor in our community.

Edith Seiferling

This Lent, please give generously



This Solidarity Sunday, Development and Peace — Caritas Canada's **Reaping our Rights** campaign invites you to give generously and thanks you warmly for your generosity.

Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world.

"Development and Peace — Caritas Canada accompanies, supports, and respects our institutional autonomy. It creates a climate of trust. I thank our sisters and brothers in Canada for their solidarity, a solidarity that generates life opportunities, that accompanies the dreams of women and men, of families, of communities and territories.

Thank you!" — Eva Colque, Executive Director, Fundación NUNA, a partner in Bolivia

Help create hope and dreams of the communities we support in the Global South by giving to your Share Lent parish collection or at devp.org/give. **Thank you for your solidarity!**

A Mental Health Way of the Cross



Jesus' Crown of thorns represents the struggles of those persons with mental illness" - Saint Mother Theresa of Calcutta to Fr. Benedict Groeschel (CFR). Join Deacon Eric Gurash and Emmaus Support Mental Health Ministries at **Holy Trinity Parish, Regina, on Friday, March 22, at 7:00 pm** for "A

Mental Health Way of the Cross." This unique journey of reflection and prayer explores the Stations of the Cross through the lens of mental health challenges. Through scripture, reflections, and prayer, we will connect the suffering of Jesus with the experiences of those affected by mental illness, offering hope, understanding, and support. All are welcome to join us as we walk this path of compassion and healing together.

2024 Lenten Mission

Lent is a time for renewal! Join us at St. Vincent de Paul Parish at 314 3rd St. in Weyburn for a special Lenten Mission on March 23 and 24 at 7pm. Kevin Philip of *Boats on Fire Catholic Ministries* will be leading our mission. Inspired by the lives of two eminent Biblical figures, Elijah the Prophet and St. Peter the Apostle, we will dive into the illuminating mystery of Lent. Our evenings together will consist of a testimony, presentation, prayer and fellowship. Everyone is welcome, see you there!

TF #392: Dr. John Jalsevac On Classical Education - Part 1

In this three-part series, Dr. Brett Salkeld and Dr. John Jalsevac, headmaster of Our Lady of the Wayside Catholic School in Peterborough, Ontario, discuss the growing popularity of Classical education and its distinct approach to student formation and education.

<https://www.thinkingfaith.libsyn.com/dr-john-jalsevac-on-classical-education-part-1>

Join a new phase of the Synod! Tell the Pope what you're thinking

How can we be a synodal Church in mission? The Synod of Bishops is reaching out for feedback on its Oct 2023 report, <https://bit.ly/A-Synodal-Church-in-Mission>. You are invited to attend a listening session to offer feedback on the October 2023 Synod document. Your contributions will feed into the 2024 Synod next fall. Attend a listening session in your parish or gather some friends for your own discussion. Prepare some notes and send us your thoughts. A Spiritual Conversation Guide is available at <https://bit.ly/Spiritual-Conversation-Guide>

Or, you might want to join a Zoom discussion (attend one or all, no commitment required). Before coming, read the marked sections of the Oct. 2023 Synod Report at

Part I. The Face of the Synodal Church - Mar. 20 @ 7 pm -- read sections 3 and 5

Part II. All Disciples, All Missionaries - Mar. 23 @ 10 am -- read sections 8 and 9

Part III. Weaving Bonds, Building Communities - Apr. 6 @ 10 am -- read sections 14 and 18

Draft report on 2024 Archdiocesan phase - Apr. 13 @ 10am

All sessions at <https://bit.ly/YQR-Synod-2024> No registration. All are welcome.

For further information, contact Nick Jesson, Archdiocesan Synod Coordinator, njesson@archregina.sk.ca, or visit <https://archregina.sk.ca/group/synod-2021-2024/>

Mission Statement

The mission statement of the Holy Face Project is to silently and powerfully increase awareness of Jesus' presence in our world by establishing roadside billboards of the Holy Face of Jesus from the Shroud of Turin. In Regina, Saskatchewan Drive/Ottawa St., March 17 to April 7. Free Golden Arrow prayer cards are available from Burns & Hanle.