

LITTLE FLOWER PARISH

FIFTH SUNDAY OF EASTER

MAY 7, 2023

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 p.m.

Wednesday (May 10th) - 6:00 pm

Thursday (May 11th) - 9:30 am.

Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

(We continue to monitor phone calls
weekdays from 8:30 a.m. to 4 p.m.)

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &

Lauana Candido

Caretaker/Maintenance: Rick Morin



***MISSION STATEMENT:** Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*

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www.littleflowerregina.ca



Land Acknowledgement

Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: We Are of infinite value. Each of us is a precious stone, a cornerstone of the church. We share the vocation of Jesus, the original cornerstone, to support people of God.



This Week in the Parish . . .

Contact the office to request a Mass for your loved ones.
The agenda for 2023 Mass requests is open

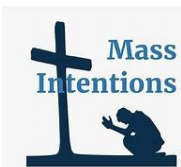
Mass intentions for this week are:

Tues., May 9	Health Intention of Bruce & Tara Kardash
Wed., May 10 (6:00 pm)	No mass Intentions
Thu., May 11 (9:30 am)	No mass Intentions
Fri., May 12	No mass Intentions
Sat., May 13	+ Repose of Fred C. Howard

Altar Server Of the week: Gabe Seiferling

Liturgy Meeting - May 9th at 10:00 am
Confirmation Ceremony - May 10th at 6:00 pm

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as

Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Return to Vibrancy Announcement:

As a Doctor of the Church, St. Therese taught us so much about prayer. In her "Little Way" she taught us that God never lets us down nor abandons us. Through St. Therese's intercession, let us continue to pray for many willing hands working together for the future of Little Flower Parish.

St. Therese said: "I want to do much good."

Food Drive



We are having our Food Drive collection this coming weekend, May 13 & 14. Thank you in advance for your generosity!

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.



“The stone which the builders rejected has become the cornerstone.”

1 Peter 2:7

The word “repent” means to turn from sin - to change our thoughts, words and actions. Change that is permanent comes from within – a transformation or conversion of heart. This requires prayer, discipline and perseverance. Change is hard. The first step is recognizing that we are broken and that we need God’s help. The good news - we are not alone in our journey. Ask Jesus daily for guidance and patiently listen for his response.

ANNUAL GENERAL MEETING



Thank you to those who prepared reports for our Annual General Meeting of our parish, thank you to all volunteers, a thank you is a small response for everything all of you have done for our Parish. Thanks also for those who attended the meeting.

Confirmation and First Eucharist



Our parish will celebrate Confirmation this coming Wednesday, May 10th at 6pm. Father Jake will be celebrating the Mass. After the Mass a little reception will take place downstairs, everyone is welcome!

Wednesday Mass, May 10th



Due to our Confirmation Ceremony on May 10th, our 8am weekday Mass on Wednesday is cancelled. Instead, Wednesday’s Mass will be at 6pm.

Mother’s day



You’re invited to a Mother’s Day Cake & Coffee. Lets celebrate all the moms and toast to a better Year to come. The celebration will be this coming Sunday, May 14th, right after Mass. You’ll have cake, coffee, friends and mothers’ blessing.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Germain Beaurivage, Ann Dormuth, Jose Estioco, Agnes Fahlman, Marlene Frey, Fred Fry, Jack Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, the lonely, vulnerable, and homeless, as well as all who are affected by war.

Vocation View

“Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light.”

Ephesians 5:8-14:



Roger & Stella L’Arrivee —May 15th— 41 years

Richest blessings to all our couples. You are a particular witness of God’s love and fidelity amongst us!



itwewin Corner (*itwewin* is the Cree word which means ‘the word’ or ‘as it is said...’)

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Ocean Man First Nation is a Cree, Saulteaux, and Nakota band located in the Moose Mountains north of Kisbey and has approximately 600 band members who reside on and off reserve. In 1901, Canada stopped recognizing Ocean Man as a First Nation after Canada wrongfully amalgamated Ocean Man, Pheasant Rump, and White Bear First Nations. In February 2022, Ocean Man was officially recognized as a Treaty 4 First Nation. In 1997, band members elected an all-female Chief and Council, the only First Nation in Canada to do this at the time. Retrieved on April 24, 2023 teaching.usask.ca/indigenoussk/import/ocean_man_first_nation.php

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Dissociate (dɪ'səʊʃɪ, ɛt, -sɪ-) dis-so-ci-ate is a noun

In the mid-16th century, it is from the Latin *n* dissociat- 'separated,' from the verb dissociate, from *dis-* (expressing reversal) + *sociare* 'join together' (from *socius* 'companion'). Attested from the 1540s as a past-participle adjective meaning "separated." Dissociated in psychology (1890) was "characterized by mental disjunction," hence dissociated personality (1905) is a "pathological state in which two or more distinct personalities exist in the same person." Dissociation is one way the mind copes with too much stress, such as during a traumatic event.

Trauma Informed Perspectives Workshop – Weyburn Deanery

The Archdiocese of Regina and the Weyburn Deanery are pleased to present a free Trauma Informed Perspectives workshop. Are you interested in learning about trauma and how it impacts people? We will explore the impact of natural disasters, accidents, sudden death and other traumas. Please join us on **May 13th from 9:30- 4:30 p.m.** at St. Vincent de Paul 314 - 3rd Street N.E. Weyburn. To register, contact **Val at stvincent314@gmail.com**. If you have questions about the workshop, feel free to contact **csaeducation@archregina.sk.ca**

Emmaus Support: Holy Hour for Mental Health

Join us at Holy Trinity Church on Thursday, **May 25th from 7:30pm-9:00pm** for a Holy Hour of adoration and prayer for mental health. This time of prayer before the blessed sacrament is open to the public and geared towards praying for and with individuals who experience mental health challenges, as well as those loved ones who offer them care, support, and accompaniment. The evening will begin with a brief talk about the Emmaus Support ministry, a Catholic, peer-led support group for mental health caregivers run by Deacon Eric Gurash and his wife Melissa. No registration is necessary. Come experience the peace and comfort of prayer in the presence of Christ.

St. Paul Street Evangelization with Mark Hornbacher and Adam Janke - Part 2

Dr. Brett Salkeld is joined this week by Mark Hornbacher and Adam Janke of St. Paul Street Evangelization ministries. In this part 2 of 2, they continue discussing their unique ministry work and sharing stories of their experiences in street evangelization. Show Snippet: "It's that universal call to holiness through the Second Vatican Council that rightly pointed out where we can't give what we don't have. And so if we are growing in holiness, and what do we mean by that, being set apart, uh, praying, going to mass, going to confession...spending time with God, going to adoration, If we're living out our vocations in our own lives in such a way that we're continually growing in grace and God provides, in his wisdom through the Holy Spirit, charisms and wisdom to know what to say and when to say it." Learn more about St. Paul Street Evangelization at <https://streetevangelization.com/> <https://thinkingfaith.libsyn.com/st-paul-street-evangelization-with-mark-hornbacher-and-adam-janke-part-2>

LESSON TWENTY ONE

FAQ: How are "indispensable adaptations" of the Catechism accomplished?

The content of the Catechism is communicated in a straightforward way to assist authors, editors and publishers of national and local catechetical materials under the guidance of the Bishop. Additional guides might be the documents of post-conciliar catechetical Magisterium, such as *Evangelii Gaudium*, *Catechesi Tradendae*, and the Directory for Catechesis, of which contains general criteria and documents from bishops' conferences that contain specific criteria. What is creation according to the Church? Qu'est-ce que dit la Foi catholique au sujet de la création? Watch Videos: archregina.sk.ca/group/catechetical-support-parishes/ Catechism Text: CCC # 282-289, 295-97 Sacred Scripture: Isaiah 44.24, Hebrews 11.13, Colossians 1.16, John 1.1-3. Saint Maximus the Confessor: "Creation is a bible whose letters and syllables are the particular aspects of all creatures and whose words are more universal aspects of creation." Pope Francis: "It is possible to believe in both evolution and the Catholic church's teaching on creation, (but God is not) a magician ... The big bang, which is today posited as the origin of the world, does not contradict the divine act of creation; rather, it requires it ... Evolution of nature is not inconsistent with the notion of creation because evolution presupposes the creation of beings which evolve."