

LITTLE FLOWER PARISH

SIXTH SUNDAY OF EASTER

MAY 14, 2023

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 p.m.

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

(We continue to monitor phone calls
weekdays from 8:30 a.m. to 4 p.m.)

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &

Lauana Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



***MISSION STATEMENT:** Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*

420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net

www.littleflowerregina.ca



Land Acknowledgement

Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: The world is blind to the risen Lord. He not longer walks in the sight of those who reject him. But he has not forsaken us; he makes his home in the hearts of those who keep his commandments in love. He fills us with glory of the Father and the love of the spirit, and brings us to new and lasting life.



This Week in the Parish . . .

Contact the office to request a Mass for your loved ones.

The agenda for 2023 Mass requests is open

Mass intentions for this week are:

Tues., May 16	Healing of Brian Hillis
Wed., May 17	No mass Intentions
Thu, May 18	No mass Intentions
Fri., May 19	No mass Intentions
Sat., May 20	+ Repose of Victor Pilon

Altar Server Of the week: Jean Zdunich

Return to Vibrancy - May 16th at 10am

Finance committee Meeting - May 16th at 7pm

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic

Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Return to Vibrancy Announcement:

As a Doctor of the Church, St. Therese taught us so much about prayer. In her "Little Way" she taught us that God never lets us down nor abandons us. Through St. Therese's intercession, let us continue to pray for many willing hands working together for the future of Little Flower Parish.

St. Therese said: "I want to do much good."

Korean Mass



The Korean Mass will be celebrated on Sunday, May 21st at 11am.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.



*"For it is better to suffer for doing good,
if that be God's will, than for doing evil."
1 Peter 3:17*

The old line says "if you want to make God laugh, tell him your plans." Many of us are diligent in our planning and making sure things are progressing smoothly. Then disaster strikes, we don't get the result we anticipated or an unforeseen problem arises. Many times we may respond negatively and ask, "Why me? I did everything right!" Here's the thing – adversity humbles us and reminds us of our dependence on God and not on our own self-reliance. Rest assured, God has a better plan in store for you.

23rd Cal Murphy Memorial Golf Tournament



When - Sunday, June 11th.

Where - Aspen Links Golf Club

Putting Contest - 11:00 am

Shotgun - 1:00 pm

Banquet - 6:00 pm

Tournament fee of \$140 includes green fees, power cart, banquet and tax receipt. Entry forms available at www.holycrossregina.ca, email Joyce at: byapple@sasktel.net/ phone: 306-789-1983 or Phone John at 306-789-7609

Mother's day



As we celebrate Mother's Day this Sunday, we wish a happy Mother's Day to all moms on earth, but also all the moms in heaven. On this day, we celebrate the unconditional love of mothers for their children and children's love for their mothers.

"Love always protects, always trusts, always hopes, always perseveres. Love never fails."

1 Cor. Ch. 13

Don't forget - Right after Sunday's Mass we will have a little reception at the Parish's Hall. Let's celebrate this Mother's Day with some Cake & coffee, and Mother's blessings. Everyone is welcome!

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Germain Beaurivage, Ann Dormuth, Jose Estioco, Agnes Fahlman, Marlene Frey, Fred Fry, Jack Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, the lonely, vulnerable, and homeless, as well as all who are affected by war.

Vocation View

"Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light."

Ephesians 5:8-14:



Terry and Anita Dobranski - May 18 - 38 years

Richest blessings to all of our couples. You are a particular witness of God's love and fidelity amongst us!



itwewin Corner (*itwewin* is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Okanese First Nation is a Cree and Saulteaux band located in File Hills, northeast of Fort Qu'Appelle and has a population of approximately 500 members who reside on and off reserve. Chief Okanis (Little Rose Hip) signed an adhesion to Treaty 4 on September 9, 1875. In 1879, a residential school was built on the reserve by the Presbyterian Church and closed in 1951. Chief Marie-Anne Day Walker-Pelletier is the longest-serving (40 years) female chief in Saskatchewan and retired in 2020. Canada Post unveiled a canadapost-postescanada.ca/blogs/personal/perspectives/indigenous-leaders-marie-anne-day-walker-pelletier-stamp/ in June 2022.

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Trigger 'trɪɡ.ər (verb)

In recent use, especially psychological, "to cause an intense and usually negative emotional reaction. A trigger can be anything that sparks a memory of a trauma or a part of a trauma. When you encounter a trigger, memories and thoughts associated with the trauma come back without warning. You cannot stop the intrusive thoughts, and in response, you feel a turn in your emotions and begin to react. Triggers are sensory reminders that cause painful memories or certain symptoms to resurface. If you experienced a traumatic event, you likely remember certain sounds, smells, or sights related to that experience.

Trauma Informed Perspectives Workshop - Qu'Appelle Deanery

Are you interested in learning about trauma and how it impacts people? Trauma comes in many forms, and we will look at natural disasters, accidents, and sudden death and touch on other areas. The Archdiocese and Qu'Appelle deanery welcome everyone to join us for a free Trauma-Informed Perspective workshop on Saturday, **May 27th from 9:30 - 4:30** at Our Lady of Sorrows Church, 334 Boundary Ave Fort Qu'Appelle. To register, email: csaeducation@archregina.sk.ca.

Forming Intentional Disciples

The Archdiocese of Regina's Lay Formation Program is the longest continually operating Lay Formation program in the country, providing parishes with strong, well-formed lay men and women to further the mission of the Gospel. Our weekend sessions at Campion College will deepen your understanding of Church and faith through solid teaching by experts in their respective fields. Strengthen your ability to assess your God-given gifts and talents and discern how best to offer them in service. Register now for our fall intake and become an evangelizing disciple of Jesus Christ. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash, at **306-352-1651 ext 6724** or email him at egurash@archregina.sk.ca

TF348: Mental Health in the Bible: David, Elijah, Job, and Paul

This week, Deacon Eric breaks open sacred scripture seeking biblical models for navigating mental health challenges. He discusses, David, Elijah, Job, and Paul and how their experiences can provide guidance and support for our own challenges today.

Show Snippet: "How often depression, especially in the face of feeling as though we have done all the "right" things, leaves us to self-isolation and that desire to "sleep it all away." God enters into Elijah's depression as a friend, offering some words of comfort (though not a solution), a bit of food, and an invitation to rest for a bit. God's angelic messenger gave him strength and renewed his purpose, showing Elijah he was not alone."

LESSON TWENTY-TWO

Is there a contradiction between Faith and Science?

Videos: archregina.sk.ca/group/catechetical-support-parishes/

Catechism Text: CCC #'s 159, 283 & 284

Sacred Scripture: Jeremiah 31.35-36, James 1.17, Genesis 1.28, Psalm 111.2

Pope Leo XIII: "The Church and her Pastors are not opposed to true and solid science, whether human or divine, but that they embrace it, encourage it, and promote it with the fullest possible dedication." Pope Benedict XVI: The Salt of the Earth, 1997: "Art along with science is the highest gift God has given." **St. John Paul II:** "Science can purify religion from error and superstition; religion can purify science from idolatry and false absolutes."

FAQ: Who collaborates within the process of adaptation and inculturation of the Catechism?

The Catechism is intended primarily for bishops, so their leadership in the process of inculturation is decisive. Under the grace and guidance of the Holy Spirit, the bishops are joined by pastors, catechists, authors, editors, and publishers as well as local communities within dioceses.

60th Anniversary of Ordination to the Priesthood

On Thursday, June 1, Archbishop Emeritus James Weisgerber will celebrate the sixtieth anniversary of his ordination to the priesthood. Clergy, former parishioners, and friends are invited to Holy Rosary Cathedral for the celebration of the Eucharist of Thanksgiving at 7:00 pm, followed by a reception in the Cathedral Hall. Please join us for appetizers and refreshments at the Open House of **900-11th Avenue Saturday, June 10 - 1:00 pm to 4:00 pm**