

# *LITTLE FLOWER PARISH*

## **BODY & BLOOD OF CHRIST JUNE 2ND, 2024**

### **Little Flower Weekend Masses**

Saturday 5 p.m.

Sunday 10 a.m.

**Reconciliation** prior to mass OR by appointment

### **Weekday Masses**

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

### **Office Hours (for in-person service)**

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

### **Parish Staff**

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &

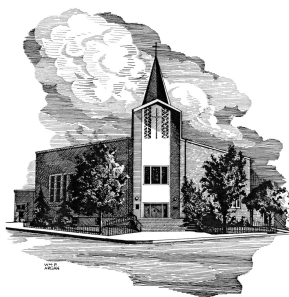
Lauana Candido

Caretaker/Maintenance: Rick Morin

**Parish email:** [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)



***MISSION STATEMENT:** Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



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Phone 306-522-8583

Email:

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### **Land Acknowledgement**



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

# ***LITTLE FLOWER PARISH***

## **BODY & BLOOD OF CHRIST**

### **JUNE 2ND, 2024**

**Theme:** God's reign has begun. On this feast of Corpus Christi, the Lord invites us to share the meal that celebrates his rule, to rejoice in his presence in bread and wine.



**Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open**

#### **Mass intentions for this week are:**

Tues. 4	+Repose of Ron & Ronnie Strassburger
Wed. 5	No Mass Int.
Thu. 6	Int. Of Cecil Wingerter
Fri. 7	No Mass Int.
Sat. 8	In memory of Ann & George Mertler

Altar server Of the Week: Gabe Seiferling

#### **Offering of the Mass**



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

#### **Return to Vibrancy Announcement:**



Lisieux is an attractive town about two hours west of Paris where a large modern Basilica is dedicated to Thérèse. The former home of the Martin family is now a museum where the saint's toys and dolls are displayed. Visitors can use the same stairs

Thérèse would have run up and down. People come from all over the world to visit a shrine honouring an obscure nun who did nothing except write down some deep thoughts.

Upon reading Story of a Soul, many are amazed by the humility and simplicity of the saint, others by her radical heart centered theology, and still others by her courage in facing the doubt that God even existed.

St. Thérèse said: Everything is a grace because everything is God's gift.

#### **Hospital Chaplains**

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

## Stewardship Bulletin Bit June 2, 2024

### Body & Blood of Christ

***"Then he took a cup, gave thanks, and gave it to them and they all drank from it." - Mark 14:23***

Jesus, the perfect steward, gave thanks, just before He gave Himself up for us, completely for our salvation. He offers us the same chance to drink from His cup. In the bread and wine, we meet Christ personally. If we follow Him, drinking from His cup means we offer our own self-sacrifice, using all of our gifts for the benefit of others and to do His work on earth.

**Join us for a delightful Father's Day Pancake Breakfast on June 16th!**



We're thrilled to invite you to an exciting event happening at our church: Our Father's Day Breakfast!

Date: June 16th  
Time: 9am - 12pm  
Location: Little Flower Hall

Prices:  
Adults: \$12  
Children (12 and under): \$5.00  
Kids aged 5 and under: Free

**Everyone is welcome! Whether you're a regular attendee or it's your first time visiting, we'd love to have you join us.**

No advanced tickets will be sold

### Little Flower Facebook Page



If you haven't already, we invite you to LIKE and FOLLOW our page to ensure you don't miss out on any of the exciting updates. You can search for us as "Little Flower Parish" on Facebook, or simply use the QR code provided below to easily access our page.



### Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Delores Blank, Theresa Sokalski, Judy Klenk recovering from surgery.

### Food Drive



Get ready for our monthly Parish Food Drive, next weekend, Jun 8/9. We'll be collecting a non-perishable food items to support individuals and families in need within our community.

Here are some suggested donation options:

- Canned Fruit
- Canned Soup/Stew
- Canned Tuna/Salmon
- Canned Vegetables
- Pasta & Rice
- Pasta Sauce
- Instant Oatmeal

Your contributions of these items will go a long way in providing nutritious meals for those facing food insecurity.

Additionally, monetary donations are welcome and will be used to purchase perishable items.

Thank you for your generosity and let's keep spreading kindness!

### Monthly Coffee & Donut Social



Get ready to enjoy the warmth of fellowship and the sweetness of treats! Join us next weekend, June 9th, after Mass for our beloved Monthly Coffee and Donut Social

Whether you're a longtime parishioner or new to our community, this gathering promises to be a delightful opportunity to strengthen bonds and forge new friendships.

Looking forward to seeing you there!

### **Summer activities at the Myriam Family of the Prairies:**

Young adult retreat: Called to the infinite, July 5-7th.  
Adult retreat: Abide in me, July 24th. Youth retreat for age 12-17, Saved and free, August 2-4th  
Two family retreats: Happy together, August 9-11th and August 16-18th.  
If you are interested, please reach Sr. Stéphanie at [pss.prairies@famillemyriam.org](mailto:pss.prairies@famillemyriam.org) or 306-536-2721

Catechesis of the Good Shepherd is a Montessori based faith formation program for children. This summer, July 2-7 this national formation course will be offered here in Regina. In Catechesis of the Good Shepherd, adults are given the opportunity to embrace a method of catechesis (or religious education) that will deepen one's relationship with God. Catechist formation in Catechesis of the Good Shepherd is both instructive as well as experiential. It captivates both the head as well as the heart. It has a holistic approach for the adult, enriching the adult in a background of scripture and liturgy, theology and prayer, as well as the pedagogy of the young child, helping the adult to see what face of God the young child most needs in order to enter into a relationship with God. Therefore, Catechesis of the Good Shepherd requires the adult to receive training in the method in a way that is "retreat-like," giving time and space to absorb the richness of what it means to live one's baptismal covenant and grow in the love and knowledge of God. For more information email [cassandra.ursu@gmail.com](mailto:cassandra.ursu@gmail.com) or register at <https://www.cgsac.ca/course-offerings/regina%3A-level-1%2C-part-a>

### **Strawberry Social**

Enjoy cake, ice cream and refreshments at Our Lady of Peace Parish, 425 Broad St. North on Saturday, June 15th from 1:00 to 3:00 p.m. \$5.00 for 13 to adult, \$2.50 ages 6 to 12, and 5 and under Free. Sponsored by the 55 Plus group. Proceeds to help with needs of the parish.

### **TF #402: Finding Grace in the Dark The Examen Prayer and Mental Health**

During this Mental Health Awareness Month, Deacon Eric Gurash discusses the challenges of navigating a relationship with God amid acute mental health struggles and chronic mental illness and points to the Awareness Examen as a particularly powerful tool for building resiliency and discovering God's presence even in our hardest trials. [thinkingfaith.libsyn.com/finding-grace-in-the-dark-the-examen-prayer-and-mental-health](http://thinkingfaith.libsyn.com/finding-grace-in-the-dark-the-examen-prayer-and-mental-health)

### **Holy Rosary Farewell**

A Legacy Remembered: Holy Rosary Community School 1914-2024 Thursday, June 6, 2024 5:30 - 8:00 PM 3118-14th Ave. Farewell to the place we call home. Join us in remembering a piece of our history. Hot dogs, chips and refreshments School Tours

The First Friday/First Saturday vigil in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary will be held June 7 and 8, 2024 at St. Mary's Church in Regina. Priests will be available for confession at 6:30 P.M. before Holy Mass as well as after Mass. Mass will occur at 7:00 P.M. followed by the all-night vigil ending with Mass at 8:00 A.M. on Saturday morning.

