# **LITTLE FLOWER PARISH** HOLY TRINITY SUNDAY JUNE 12, 2022

Little Flower Weekend Masses Saturday 5:00 pm Sunday 10:00 am

**Little Flower Weekday Masses** From June 14 to 17, Weekday Masses are cancelled

**College Park I Retirement Residence Liturgy**  $1^{st}$  &  $3^{rd}$  Thursday 10:00 am

**College Park II Retirement Residence Liturgy** 2nd & 4th Friday of the month 10:00 am

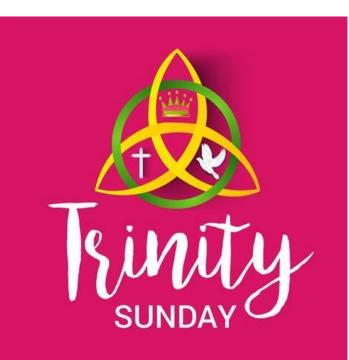
# **Little Flower Office Hours**

Monday to Friday 9:00 am to 4:30 pm You can always email us or leave a voice message in case of emergency - 306-522-8583

# **Parish Staff Team**

Parish Administrator: Rev. Jake Ibay littleflowerregina@sasktel.net

- Office Administrator: Valerio Quirino littleflowerregina@sasktel.net
- Caretaker / Maintenance: Rick Morin



420 College Avenue Regina, Saskatchewan S4N 0X2 Phone (306) 522-8583 E-mail: littleflowerregina@sasktel.net Website: www.littleflowerregina.ca

# **Treaty Acknowledgement**



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.



# LITTLE FLOWER PARISH Holy Trinity Sunday June 12, 2022

**Theme:** We know God as Father, Son and Spirit. This intimate disclosure of God's being is revealed to us in Jesus. But the images are only a dim outline of the love which God shares with us in this Eucharist and whose fullness he promises us in the Kingdom.

# This Week in the Parish . . .

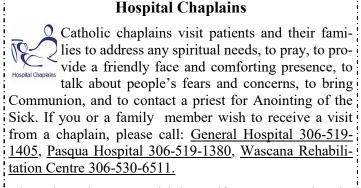
Daily Mass intentions as listed below:		
Tues., June 14	ine 14 Mass in Cancelled	
Wed., June 15	une 15 Mass in Cancelled	
Thurs., June 16	Thurs., June 16 Mass in Cancelled	
Fri., June 17	Mass in Cancell	ed
Sat., June 18+Repose of Victor Barabasz Requested by Lori-Ann Pilon		
Altar Server: Barb Aman		
Events:		
Saturday & Sunday, June 11/12 Food Drive Collection		

# **Food Drive**

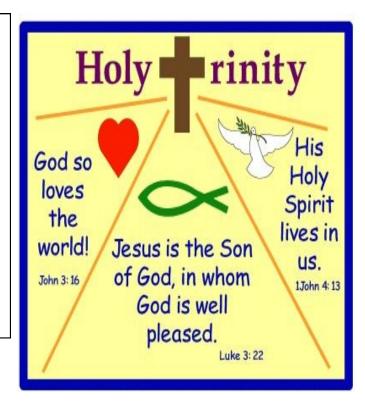


We will have our Food Drive collection for Marian Centre and Visitation House this weekend, June 11 & 12. All contributions are welcome. Thank you for sharing your treasure with those around you.

*Please be mindful* that we <u>do not</u> accept packaging that has been opened, items that are partially used or those beyond their expiry date.



Also, please let your parish know if you are entering the hospital.



# Weekday Mass Cancelled

Our weekday masses are cancelled during the week of June 14 to June 17. Weekday Masses will resume on June 21 at 4:00 pm

# Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf.

(Catechism of the Catholic Church). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office. If you'd like to offer a mass on a specific date, please make arrangements at least one month in advance.

#### Stewardship Bulletin Bit June 12, 2022 **Trinity Sunday**



"But when he comes, the Spirit of truth, he will guide you to all truth..."

John 16:13

It has been said that the best gift we can give someone is to teach them how to pray. If you don't talk and more importantly, listen, to God every day, how else will you know what He is calling you to do? Just as you talk to family and friends every day, get in the habit of talking with God every day. Develop a daily prayer routine. Keep your prayers simple and sincere. This is best done in silence, when you can hear His response.

#### The Happy God



1 Tim. 1:11 says, "in accordance with the gospel of the glory of the blessed God with which I have been entrusted." The phrase "the Blessed God" could be translated as "the happy God." In John 15:11, Jesus

said, "These things I have spoken to you, that my joy may be in you." Have you ever considered the fact that God is happy?

God is not gloomy or sad but is infinitely happy. He has been happy for eternity. The cup of his joy cannot be more full. Above all the uncertainties and anxieties of life, the calm smile of the happy God immutably shines. In what does God's happiness consist? He is happy with the works of his hands. Psalm 104:31 says, "may the Lord rejoice in his works." He is happy knowing that everything he has purposed will come to pass. He is happy in his people as Psalm 149:4 says, "For the Lord takes delight in his people."

Preeminently, God is happy in himself. I know that may sound strange at first, but let me explain. God is a Trinity, meaning that he is one God in three persons. The Father loves the Son. Heb. 1:3 says that the Son is the, "radiance of the glory of God and the exact imprint of his nature." In Is. 42:1 the Father says of his Son, "Behold my servant, whom I uphold, my chosen, gin whom my soul delights;" Put these verses together. The Father sees himself in his Son, and he delights in what he sees. God's happiness is found in himself.

Together with the Holy Spirit, the Father has been delighting in His Son forever. Likewise, the Son has been delighting in the Father.

This is good news. You can be happy because God is happy. One day when we die, we will be brought into the presence of God, and in his presence will be fullness of joy, and at his right hand are pleasures forevermore!

#### **Prayer Ministry**



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out, our farmers, those who are affected by COVID-19 and the health professionals working on the

front line, those in nursing homes and those who care for them, especially: Agnes Fahlman, Fred Fry, Shelly Joubert, Lima Perras, Jose Estioco, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, Louise Wingerter, Ann Dormuth, Judy Klenk, the lonely, vulnerable, and homeless, as well as the people affected in Ukraine



Ted & Penny Forrest - June 17 - 55 years Eitel & Lydia Hinzmann - June 18 - 62 years

If you are a new parishioner or would like to have your anniversary here please contact the office administrator.

#### **Vocation View**

Today we celebrate a central mystery of our faith. Our triune God calls us to be his own and blesses us on our life journey. What impact does this mystery have on your vocation?

"I will extol the Lord at all times; his praise will always be on my lips. I will glory in the Lord; let the afflicted hear and rejoice"

Psalm34:1-2

#### **Father Jake's Vacation**



We would like to wish Father Jake a relaxing vacation with his family and friends. May God protect and guide him and may his journey be safe and smooth.

While Father Jake is away we welcome as our celebrants, Father Wilfred Calinawan, who will be covering the weekdays Masses (Starting on June 21st) and Father Eusebio Tuballe who will be covering the weekend Masses (Starting on June 18th).

#### Father's Day Coffee & Cake - Save the date

Little Flower Parish will host a Father's Day Coffee and Cake event! DAY .

Sunday, June 19, 2022 - 11:00 am (After Sunday Mass) - Little Flower Parish Auditorium

#### **Everyone is welcome!**

# **Did You Know?**



itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know...Gagwe:gih (whose name means 'Everything') of the Onondaga First Nation, was the first Indigenous runner to win the Boston Marathon (1907). He did it in record time. Known around the world as Tom Longboat, he was one of the most celebrated athletes of the early 20th century.

#### Philomena Walking Pilgrimage



The 4th annual Saint Philomena Walking Pilgrimage is scheduled for August 11th to 14th, 2022. This is a supported walk, rest stops and meals are provided and a trailer carries camping supplies between nightly stops. Pilgrims are invited to join

us for all of the walk, a few steps or anything in between. Registration deadline is Aug 4th. The pilgrimage starts at St Mary's in Yorkton on August 11th, and it ends at Our Lady of Lourdes Shrine at Rama on August 14th. For more information visit our website stphilomena.ca or phone Dave or Bev at 306 728 5525

#### **Camp Monahan**



Camp Monahan is gearing up for its 77th season of camping! Overnight and day camps available for ages 6 - 12, meet new friends and make memories that will last a lifetime! Canoeing, swimming,

crafts, campfires, archery and so much more. We also have room in our senior programs that include a hike around Katepwa Lake, canoe down the beautiful Qu'appelle river or work on your waterfront skills. We are also looking for volunteers adult and youth ages 15 and older. Visit is at www.campmonahan.ca !

#### Garage sale & Craft Sale



Garage Sale – St. Jean Baptiste Parish (Weather permitting) Saturday, June 11th – 10 am to 4 pm

2517, 25th Avenue, Regina

Miscellaneous items - costume jewelry, clothing, books, tourtières, etc.

St. Martin Crafters invite you to a Craft Sale Saturday June 11 from 9 am – 4 pm in the parish hall. This date coincides with the Whitmore Park Community Garage Sale day. Come and browse a wide selection of crafts, décor items, and gifts. All proceeds to charity.

# TF299: Saints and Mental Health: St. Raphael, **Remedy of God**



Our monthly series on the Saints and Mental health continues as Deacon Eric Gurash reflects on Archangel, St. Raphael, and his role not just as a healer of physical ailments,

but as a powerful intercessor and companion in times of serious grief and emotional distress.

Show Snippet: "The story of Tobit and his family reminds us that these answered prayers often come in surprising, disguised ways. A coworker or friend, a bit of scripture or song heard at a time of great need, or, as with Raphael, a lonely traveler, a stranger...all may be secret encounters with the divine reaching out to give answer to the deep need of our hearts." thinkingfaith.libsyn.com/saints-and-mental-health-st-raphaelremedy-of-god

#### The Archdiocese of Regina **Lay Formation Program**

Go Make Disciples!

"There is always hope. This community provides strength and a place to share and ex-

press where you are at and how you are feeling. There is a range of ages and people involved. I am a young mom among grandparents and although there is this dynamic difference among us, there is compassion and understanding." - Farrah Semegen, Holy Child Parish, Regina.

One weekend a month from October until June Catholics just like you are encountering Jesus Christ and his plan of sheer goodness while deepening their relationship with his Church. Are you ready to answer Christ's call to know, love and serve him more deeply?

We are currently accepting applications for our Fall intake. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at egurash@archregina.sk.ca

#### Do you have any unused items?



St. Martin de Porres Knights of Columbus are hosting a garage sale in the St. Martin's parish hall on Sept. 30th & October 1. Do you have any unused

items in your basement, kitchen or garage that need a new home? This is a great opportunity for you - donations are now being accepted at the St. Martin's parish office (4720 Castle Road). Please, no tires or mattresses.