

LITTLE FLOWER PARISH

FIFTH SUNDAY OF LENT

MARCH 26, 2023

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 p.m.

Wednesday, Thursday & Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

(We continue to monitor phone calls
weekdays from 8:30 a.m. to 4 p.m.)

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino & Lauana
Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.

420 College Avenue
Regina, Saskatchewan
S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net

www.littleflowerregina.ca



Land Acknowledgement

Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: When we accept Jesus as our Savior, death no longer rules our decisions and grips us in fear. Jesus Christ, our resurrection and life, invites us to live forever with him.



This Week in the Parish . . .

Contact the office to request a Mass for your loved ones.
The agenda for 2023 Mass requests is open

Mass intentions for this week are:

Tues., March 28	4 p.m.	Intentions of Regina Beitel
Wed., March 29	8 a.m.	No Mass Intentions
Thu., March 30	8 am	No Mass Intentions
Fri., March 31	8 am.	+Repose Kathleen Wingerter
Sat., Apr 1st	5 p.m.	No Mass Intentions

Weekday Altar Server: Jean Zdunich

Offering of the Mass

By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.



Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you’ve been admitted to the hospital.

Office Hours



Office Hours for in-person services are now Monday to Friday, 9:30 am to 1:30 pm and on Saturdays, 9:00 am to 1:00 pm. Phone calls and emails will be monitored and answered during the day as usual.



“Jesus said to her, ‘Did I not tell you that if you believe you will see the glory of God?’”

John 11:40

Many of us say that we believe in God. We attend Sunday Mass and participate in parish events. But when life gets hard and the pressure is on, when things aren’t going our way, do we really believe? Do we really put our trust in the Lord? When we live a life of gratitude, recognizing all that we have been given, we really do see that God is providing for our needs. Living a grateful and generous life allows us to see God’s active presence in our daily lives and we become “partakers of the divine nature. .



Lost and Found

We would like to inform You about the Lost and Found items we have at Church.

A bin full of lost items, are at the back of the Church by St Therese statue. You can check if any of these belong to you. The bin will stay there for the next 3 weekends, after that the items will be donate to the Goodwill.



Easter Season Mass Schedule

Holy Thursday, April 6th at
6:00pm (Washing of the feet)
7pm-8pm Eucharist Vigil

Good Friday, April 7th at 3:00p —
Adoration of the Cross

Holy Saturday, April 3rd at 6:00pm—Easter Vigil

Easter Sunday, April 9th at 10:00am

No Mass at 11th, 12th and 13th



itwewin Corner (itwewin is the Cree word which means ‘the word’ or ‘as it is said...’)

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee. Did you know... Kinistin Saulteaux First Nation is located near the town of Melfort, SK and has a population of approximately 1,100 members. Kinistin is named after Chief Kinistin a headman of Chief Osawaskokwanepi’s Yellow-quill Saulteaux band. Chief Osawaskokwanepi signed an adhesion to Treaty 4 on August 24, 1876. The Yellow-quill Saulteaux band was later divided into three groups with a group headed by Chief Kinistin becoming Kinistin Saulteaux Nation. The construction of the Tikinagan Family Resource Centre globalnews.ca/news/8964460/kinistin-saulteaux-nation-getting-tikinagan-famile-resource-centre/ (‘tikinagan’ translates to ‘cradleboard’ in Cree) is underway and will house family support services.



Prayer Ministry

Please pray for the needs of the sick of our parish, the home-bound, people who are alone and/or afraid to go out. Pray especially for: Germain Beaurivage, Ann Dormuth, Jose Estioco, Agnes Fahlman, Marlene Frey, Fred Fry, Jack Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, the lonely, vulnerable, and homeless, as well as all who are affected by war.

Vocation View

“Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light.” Ephesians 5:8-14:

Development & Peace

This Lent, please give generously



This Solidarity Sunday, Development and Peace — Caritas Canada’s Stand for the Land campaign invites you to give generously and thanks you warmly for your generosity.

Your donation transforms the lives of some of our most vulnerable sisters and brothers across

the world. Our solidarity rests on your generosity.

“The support we receive from Development and Peace has been very important for me. It allowed me to find myself, to live again.”

— Raquel Soto, participant in the documentary film-making school of the Asociación Campesina de Antioquia (ACA, Peasant Association of Antioquia)

Such is the difference you can make by giving to your Share Lent parish collection or at devp.org/give. Thank you for helping us build a world of justice.

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution. Shock [shok] Origins are in middle Dutch schokken – to push, jolt, shake or jerk. First attributed to Le Bran in 1743 regarding a gunshot wound and the bodily reaction to sudden impact. Shock can be an emotional state of mine, usually resulting from a traumatic event; the physical aspect of shock is described as too little blood flow to the brain and vital organs or delivering an electrical charge, such as when used to restart the heart.

The Myriam Family of the Prairies Invites you For a day retreat on April 1st 2023

From 10h00 to 4h00

Including Mass, Holy hour, talks and sharing and Lunch, in the beauty of nature and the silence of the Countryside at our house of prayer in McLean, Sk, 45 km East of Regina.

“By His wounds, we are healed”

Meditating upon the sufferings of Christ who endured his passion to save and heal us.

To register, and get the directions, or to follow online, Please contact Sr. Stephanie at **306-761-0528** or by email **pss.prairies@famillemyriam.org**

LESSON SIXTEEN

FAQ: Is the Catechism a spiritual book in any sense? The Catechism's spirituality rests on the Trinitarian life. The relationships among the persons of the Trinity provide the model for human relationships. To put the Catechism in the context of prayer, some suggest reading Book Four (Prayer) first. It can be read from the point of view of a spiritual journey in how the Church believes, celebrates, lives and prays to assist in formation with hope of transformation by God's grace. Placing the Trinity as the organizing principle of the Catechism assures its spiritual orientation.

What does it mean that God is Triune? Quelle est la signification de Dieu qui est Trinité ?

Watch Videos: archregina.sk.ca/group/catechetical-support-parishes/

Read the Catechism Text: CCC#’s 234, 237, 253-256

Sacred Scripture: Genesis 1.2, 1.29 (God said: “Let Us”), Matthew 3.16 & 17, John 1.1-3, 6.27 & 14.16-26

Pope Francis: “...the action of the three divine Persons - Father, Son, and Holy Spirit – is a single plan of love that saves humanity and the world.” (given at an Angelus on the Feast of the Holy Trinity. June 2020).

Divine Mercy Sunday Celebration

St. Vincent de Paul Parish in Weyburn is organizing a special celebration of Divine Mercy Sunday, April 16, starting at 2pm. We will begin with Adoration and Confession, followed by the Chaplet of Divine Mercy in song at 3pm. Father Valentine Amobi will make special remarks for the occasion, as well as be open to Q&A. We will conclude with Mass at 5pm. Neighbouring priests from around the deanery will be assisting with Reconciliation. Referring to Divine Mercy Sunday, Jesus told St. Faustina, "I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day all the divine floodgates through which graces flow are opened." (Diary 699). Everyone is welcome!

Holy Week and Easter Livestream Times

Resurrection parish will livestream Holy Week Masses and Services to our YouTube channel starting with Palm Sunday;

Sunday 9:00 AM (Palm Sunday and Easter)

Holy Thursday 7:00 PM

Good Friday 3:00 PM

Easter Vigil 8:00 PM

Follow Me

Follow Me: Meeting Jesus in the Gospel of John is your guide to a personal encounter with Christ. If you want to know what it means to follow Christ, and if you would like to have a deeper relationship with him, come join us for Follow Me, beginning on Thursday, April 20.

You will not only benefit personally from being part of this study; you will also help us to grow in fellowship as a parish as we grow closer to Christ together. Series start: Thursday, April 20 to June 8th Time: 7:00 pm to 8:30 pm Holy Cross Parish, Gerein Centre, 315 Douglas Avenue E **Please register by Friday; Mar 31** to Pat Schiessler, email

patricia.schiessler@sasktel.net or phone (306) 527-4627 The workbook cost is \$35.00 or order US \$22.95 plus tax, shipping and mailing. ascensionpress.com/collections/follow-me-meeting-jesus-in-the-gospel-of-john