

# ***LITTLE FLOWER PARISH***

**13TH SUNDAY IN ORDINARY TIME**

**JUNE 26, 2022**

**Little Flower Weekend Masses**

Saturday 5:00 pm

Sunday 10:00 am

**Little Flower Weekday Masses**

Little Flower Weekday Masses

Tuesday 4:00 pm

Wednesday, Thursday & Friday 8:00 am

**College Park I Retirement Residence Liturgy**

1<sup>st</sup> & 3<sup>rd</sup> Thursday 10:00 am

(Masses are suspended for now and will be resumed  
On July 28th)

**College Park II Retirement Residence Liturgy**

2nd & 4th Friday of the month 10:00 am

(Masses are suspended for now and will be resumed  
On July 29th)

**Little Flower Office Hours**

Monday to Friday 9:00 am to 4:30 pm

**Parish Staff Team**

Parish Administrator: Rev. Jake Ibay

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Office Administrator: Valerio Quirino

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Caretaker / Maintenance: Rick Morin



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone (306) 522-8583

E-mail: [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

**Website: [www.littleflowerregina.ca](http://www.littleflowerregina.ca)**

**Treaty Acknowledgement**



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.



*MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.*

# LITTLE FLOWER PARISH

## 13TH SUNDAY IN ORDINARY TIME

### JUNE 26, 2022

**Theme:** The follower of Jesus is called to total surrender. In our hearts there is a basic obstacle to this self-gift: We are afraid. That fear can paralyze us, imprison us, warp us. We seek the courage of Jesus himself, who found in his Father's love the support for total loving.

#### This Week in the Parish . . .

Daily Mass intentions as listed below:

Tues., June 28 +Repose of John Frey

Wed., June 29 +Repose of Cole Stegerman

Thurs., June 30 Intentions of teachers and students from St. Augustine School

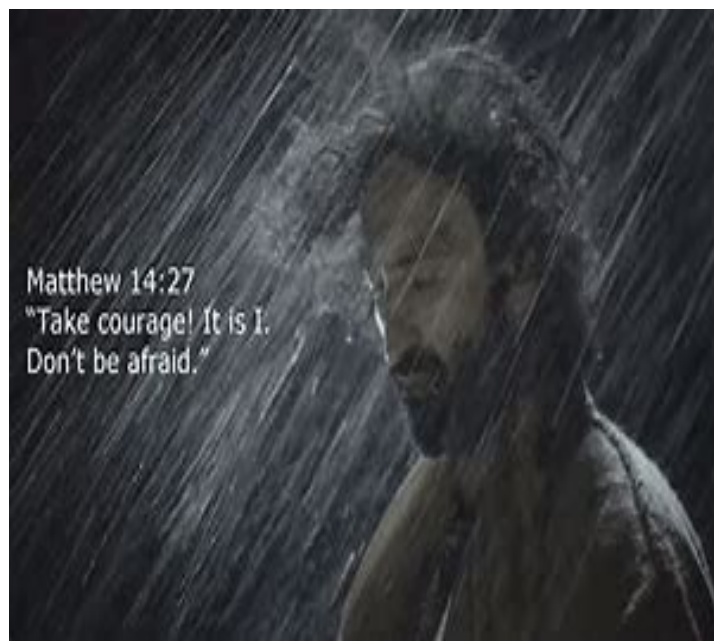
Fri., July 01 No Mass Intentions

Sat., July 02 Intentions of Jenny Sali (90 Years old)

Altar Server: Barb Aman

Events:

Sunday, June 29 at 10:00 am St Augustine School Year End Liturgy



#### Office Closed



The Parish Office will be closed on Friday, July 1 due to the Canada Day Holyday. In case of any emergency please leave a message on our voice mail or send us an email to [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

#### Weekly Bulletins



There will be only one bulletin for July and one for August, weekly bulletins return for the September Labor Day weekend.

#### Hospital Chaplains



Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick. If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Also, please let your parish know if you are entering the hospital.

#### Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office. If you'd like to offer a mass on a specific date, please make arrangements at least one month in advance.

## Stewardship Bulletin Bit June 26, 2022

### 13th Sunday in Ordinary Time



*"For you were called to freedom, brothers and sisters. But do not use this freedom as an opportunity for the flesh; rather serve one another through love." - Galatians 5:13*

We like to celebrate that we are free to "live the good life." We can do what we want, anytime we want, with no regard for laws. But, Jesus calls us to a different kind of freedom. St. Paul reminds us that by imitating Jesus we are freed from becoming a slave to our own self-interests and desires, so that we can serve one another. We are free to share our gifts and promote God's work on earth to glorify His name and not honor ourselves.

### God Knows Everything



Have you seen the coffee mugs that say, "I don't need Google, my father knows everything"? Well, our earthly fathers may know a lot, but they know next to nothing in comparison to our heavenly Father.

God knows every minor detail. In Matt. 10:30 Jesus said, "even the hairs of your head are all numbered." Wow, every hair on our heads – numbered! He knows the shape of every snowflake, the number of raindrops in every storm, the color of each feather on each peacock, every detail of the complexities of human DNA, every whisper, and every heartbeat. God knows the future. In Isaiah 46 the prophet Isaiah shows how God is fundamentally distinct from the idols of their day because he only knows the future. This is demonstrated by prophecy. The Lord said, "I am God, and there is none like me, declaring the end from the beginning and from ancient times things not yet done." He knows all events past, present, future and possible. God knows our thoughts. The Psalmist in Psalm 139:2 wrote, "you discern my thoughts from afar" and in verse 4, "Even before a word is on my tongue, behold, O LORD, you know it altogether." God knows our hearts. 1 Kings 8:39 says, "for you, you only know the hearts of all the children of mankind."

In fact, God knows everything. Heb. 4:13 (NIV) says, "Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account." What does God not know? Nothing. What does God know? Everything. He has never learned anything. He simply knows everything because he is God. His knowledge is totally comprehensive. His all-encompassing gaze, like a massive tsunami wave sweeps up everything. Child of God, you can trust this God! He knows, he knows! Let that be a pillow for you to lay your head and rest. Remember too, God knows more about you child of God than you will ever know.

By Peter Banfe

## Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out, our farmers, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially: Agnes Fahlman, Fred Fry, Shelly Joubert, Lima Perras, Jose Estioco, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, Louise Wingerter, Ann Dormuth, Judy Klenk, Claire Wingerter the lonely, vulnerable, and homeless, as well as the people affected in Ukraine



Ronald & Catherine Delfinado - June 26 - 24 Years  
Nathan & Brenda Diehl - June 26 - 12 Years  
Eric & Rica Salientes - June 27 - 25 Years  
Joe & Bernice Toth - June 28 - 37 Years  
Danilo & Josephine Gonzaga - June 30 - 33 years  
Donald and Marjorie Benz - July 1 - 55 Years  
Anthony & Louise Wingerter - July 2 - 64 Years

Richest blessings to all our couples. You are a particular witness of God's love and fidelity amongst us!

### Vocation View



Will you choose to follow Jesus wherever he goes? To say "yes" without hesitation requires great trust. The reign of God needs servants to trust.

*"Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me."*

*Matthew 16:24*

### Food Drive



We will have the Food Drive collection for Marian Centre and Visitation House during the weekend of July 8 & 9. All contributions are welcome. Thank you for sharing your treasure with those around you.

Please be mindful that we do not accept packaging that has been opened, items that are partially used or those beyond their expiry date.



## Did You Know?



itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...') - Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... "All of First Nations have been given the Sacred Pipe teachings and understandings.... the Sacred Pipe has 7 (Seven) Pipe Laws. The Pipe laws include "health, happiness, generosity, generations, quietness, compassion and respect." (Cultural Teachings: First Nations Protocols and Methodologies, SICC, p.30).

## Upcoming Youth Events



1. MARK YOUR CALENDARS for FALL! On Saturday, September 17th from 10:00 -3:00, the directors of Youth Ministry from the Sask. dioceses would like to invite all those care for and serve young people to come together in Saskatoon this September for a day of collaboration, encouragement & training. If you are interested contact Michelle Braden to have your name added to the road trip list! [mbraden@archregina.sk.ca](mailto:mbraden@archregina.sk.ca)

2. There will be a planning meeting for those interested in being part of an Archdiocese of Regina delegation attending World Youth Day in Portugal next summer (August 2023) Those interested in joining will be required to make a commitment (including a deposit) by THIS August. Those interested in pursuing this further are asked to attend a meeting on Wednesday, June 29 at 7:00 on Zoom. <https://zoom.us/j/99086743939>

3. Leadership Camp is back! Join the Office of Youth and Young Adult Ministry for an amazing camp experience geared for young people going INTO grades 10 – 1st year Uni on July 18-21 and for students going INTO grades 7-9 on July 25-27. Join us for medieval themed fun, faith and friends! For more info go to <https://archregina.sk.ca/youth-ministry/youth-summer-camps> or email [oyyam@archregina.sk.ca](mailto:oyyam@archregina.sk.ca)

4. Young Adults 19 and up are invited to attend the 2nd annual "Press Pause and Pray" retreat held out at Glen Harbour Camp on July 23rd at 11:00 to July 24th at 11:00. Join us for leisurely meals, meaningful conversations, time for both community and quiet prayer in the beauty of nature. For more info go to <https://archregina.sk.ca/youth-ministry/young-adult-events> To register email [oyyam@archregina.sk.ca](mailto:oyyam@archregina.sk.ca)

## Second World Day for Grandparents and the Elderly, July 24, 2022 Plenary Indulgence



Sunday, July 24, 2022 marks the Second World Day of Prayer for Grandparents and the Elderly. On this day you may obtain a plenary indulgence. For the elderly, you may obtain this plenary indulgence by either attending Mass or participating in a Mass on TV, the radio or on a live stream. Young people may obtain this indulgence by performing a 'work of mercy' by visiting a grandparent or an elderly person on July 24.

## TF302: Dating Well with Dr. Mario Sacasa - Part 2



We continue our discussion with Dr. Mario Sacasa from the Always Hope Podcast looking at his new online course, 'Dating Well'. We'll look at fostering a healthy approach to dating and relationships and the particular challenges faced by discerning couples in our modern world.

Show Snippet: "If you have this expectation that a wife is supposed to do 'x' or a husband is supposed to be 'y', and you go into it with that expectation, well then...the reality of the person who is in front of you, is never going to meet that expectation."

Find out more and level up your love life at:

[faithandmarriage.org](http://faithandmarriage.org)

[thinkingfaith.libsyn.com/dating-well-with-dr-mario-sacasa-part-2](http://thinkingfaith.libsyn.com/dating-well-with-dr-mario-sacasa-part-2)

## The Archdiocese of Regina Lay Formation Program



Forming Catholic leaders for service and evangelization. "Learning about apologetics has been a highlight for me because it involves the defense of the faith. When it is done in a kind and gentle way, conversations with all sorts of people open up." - Dean Vey, Resurrection Parish, Regina.

One weekend a month from October to June, Catholics just like you are gathering at Campion College in Regina to receive the tools and the guidance they need to speak confidently about the church, their faith, and Jesus Christ in their homes, parishes and the world. Why not make their story, your story?

We are currently accepting applications for our Fall intake. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306.352.1651 ext 6724 or email him at [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca)

## Resurrection Parish Vacation Bible School 2022.



Resurrection Parish is now accepting registrations for VBS 2022 which will be held from August 8th to 12th, from 9:00 am to 12 pm. To register, please visit our web site at [www.resurrectionparish.ca](http://www.resurrectionparish.ca). The First Friday/First Saturday vigil in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary will be held July 1st and 2nd, 2022, at St. Mary's Church in Regina. Priests will be available for confession at 6:30 P.M. before Mass as well as after Mass. Mass will occur at 7:30 P.M. followed by the all-night vigil ending with Mass at 8:00 A.M. on Saturday morning.