

LITTLE FLOWER PARISH

3RD SUNDAY IN ORDINARY TIME

JANUARY 23, 2021

Masking required to attend mass

Little Flower Weekend Masses

Saturday 5:00 pm

Sunday 10:00 am

Little Flower Weekday Masses

Tuesday 4:00 p.m.

Thursday 9:30 am (January 27th)

Wednesday and Friday 8:00 am.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday 10:00 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10:00 am

Little Flower Office Hours (For In-person services)

Monday to Thursday 4:00 pm to 5:30 pm

Friday 1:00 pm to 6:00 pm

Saturday 8:00 am to 4:00 pm

Parish Staff Team

Parish Administrator: Rev. Jake Ibay

littleflowerregina@sasktel.net

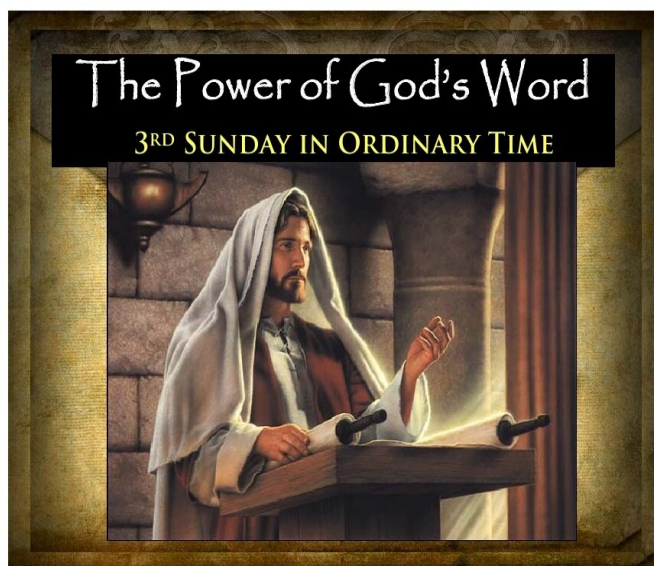
Office Administrator: Valerio Quirino

littleflowerregina@sasktel.net

Pastoral Assistant: Bonnie Thiele Hunt

bonnie.littleflower@sasktel.net

Caretaker / Maintenance: Rick Morin



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone (306) 522-8583

E-mail: littleflowerregina@sasktel.net

Website: www.littleflowerregina.ca



Treaty Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.

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Theme: Every time we gather as church, we find Jesus present in the Word that is proclaimed. He is here to solicit our faith and love. Today, as in the past, the Word can be true for us if we open our ears and hearts to what it tells us.

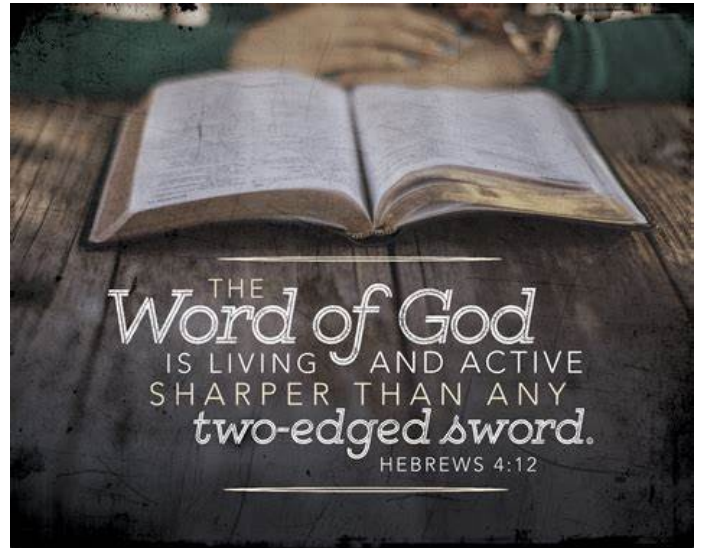
This Week in the Parish . . .

Daily Mass intentions as listed below:

| | |
|--------------------|--|
| Tues., January 25 | +Repose of Alexis Barrow |
| Wed., January 26 | Intentions of Karen Aman |
| Thurs., January 27 | +Repose of Frank Plessl |
| Fri., January 28 | Healing Intentions of Ron Strassburger |
| Sat., January 29 | Intentions of Ann Dormuth |

Altar Server: Barb Aman

We ask you to please continue remembering our parish with your weekly donations. Your collection envelopes may be placed in the parish mail box outside the office door. Thank you for all the support!



Green Ribbon Sunday



Regina Pro-Life is sponsoring the Green Ribbon Campaign to remember our preborn brothers and sisters who have been denied life. On January, 28, 1988, the Supreme Court of Canada issued the Morgentaler decision, which struck down abortion as part of the criminal code. Since then, there have been no laws to regulate abortion in Canada through all 9 months of pregnancy. Please wear your green ribbon on January 28th, to remember the millions of Canadians, who have lost their lives to abortion. We specifically ask that you pray for the preborn and for women in crisis pregnancies, seeking abortion. Each year, approximately 2,000 abortions are performed in Saskatchewan hospitals. You can pick up a green ribbon on your way out of the service this weekend on the table at the back of the Church.

Hospital Chaplains



Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick. If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office. If you'd like to offer a mass on a specific date, please make arrangements at least one month in advance.

Stewardship Bulletin Bit - January 23, 2022 3rd Sunday in Ordinary Time



"Go, eat rich foods and drink sweet drinks, and allot portions to those who had nothing prepared..."

Nehemiah 8:10

Ezra's instructions to the people show us that God does not forbid us from enjoying the good things in life. He wants us to be happy! However, God expects us to be grateful for all that He has given us and to generously share our blessings with those who are in need. Now here's the hard part – to share all we have without expecting anything in return.

Little Flower Social Justice Committee



Over the next three weekends (beginning January 16) we will be collecting men's underwear and socks for the Marian Centre. There is a particular need for these items, especially during the winter months. Warm winter socks, long underwear (medium & large sizes) and underwear (briefs and boxers in medium & large sizes) are suggested items. The Food Drive cart will be available for your donation. Thank you for considering and donating to help someone stay warm this winter.

e-Transfer and CAFT Payments



Did you know you can send your weekly donations by e-transfer? Just send them to: littleflowerregina@sasktel.net and we will include them with your annual tax receipt.



We also have our CAFT System, Customer Automated Funds Transfer. Parishioners can send their donations on recurring basis, while eliminating the time, cost and risk that can come with cheques.

If you would like to inquire about our ways of giving electronically, please email the Parish at littleflowerregina@sasktel.net or call our office at 306-522-8583.

Old Palms for Ash Wednesday



We are now starting to collect old palm branches from last year, or older, which we are going to use for this year's Ash Wednesday. You can drop them off in a bin found at the back of the church.

Week Mass Schedule



Our Morning mass on **January 27th**, Thursday, will be at **9:30 am**. St. Augustine School will be joining us.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out, our farmers, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially: Agnes Fahlman, Fred Fry, Shelly Joubert, Lima Perras, Jose Estioco, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, Louise Wingerter, Father Lorne Crozon & Fr. Peter Pham



Felipe & Marilou Galera—January 23—28 years

Richest blessings to you. You are a particular witness of God's love and fidelity amongst us!

Vocation View



"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock"

Matthew 7:24

Change of Address

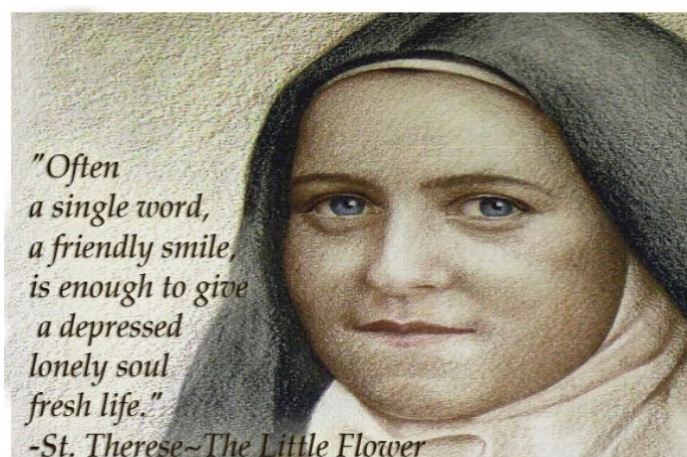


If you have move or are planning to move, please call or email our office to request a change of address. We are planning to prepare the donation receipts soon, it's important to have your current address on file to make sure you can receive your receipt.

2021 Collection Envelopes



Please recycle all collection envelopes dated 2021 or older. They are no longer valid and using them only adds confusion when we enter your donations in the computer.



Accompaniment Workshop Series Compassionate Communication Sunday, January 30, 2022 1:00 - 5:00 PM



Life has its challenges and COVID has brought to light that many people are struggling and often have no one to turn to. Have you ever tried to accompany someone and struggled to know what to say or how to act? The Archdiocese of Regina, through the Victim Service Advocacy position, is pleased to offer the first in a series of four workshops on accompaniment through a trauma informed approach.

Please join us for this free zoom workshop on Sunday January 16th from 1-5. Our topic in this workshop will be Compassionate Communication: through the lens of a professional counsellor, a spiritual director and a victim of clergy sexual abuse and other traumas. If you would like to register or are looking for more information please contact Pamela at victimserviceadvocacy@gmail.com.

Emmaus Family Support



1 in 4 families experience chronic mental health challenges. You do not have to walk this path alone. Emmaus Family support offers peer-led support for mental health caregivers. If you care for a loved one with mental health challenges and feel you could benefit from the support and prayers of peers, contact www.emmaussupport.ca to find out how you can join a meeting. Due to pandemic-related health and safety factors, we are currently holding sessions online via Zoom making support more accessible than ever.

On-Line Valentine's 50/50 Lottery



Tickets at:
<http://ourladyofpeace Regina 5050.ca/> or
Call Anita at 543-0421 or call or text
Dennis at 530-2370.

Only available to Saskatchewan residents. 50% of sales to a max prize of \$2,500.00. Only 1,800 tickets available. Draw date 7:00 a.m. Feb. 14, 2022. Share this exciting news with your family, friends, and co-workers. Sponsored by Our Lady of Peace Parish Finance Council in Regina to help with mortgage payments.

Popes Francis' Intentions for the Month For True Human Fraternity



We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

TF280: Dr. Brett Salkeld and Dan Shervan: Somewhat of a Catholic - Part 2



Dr. Brett continues his conversation with local writer and newest contributor to Archregina News, Dan Shervan, discussing his unique perspectives on faith, spirituality, and religion as part of his personal journey of faith.

Show Snippet: "It reminds me of Nietzsche saying 'God is dead', and people never know the end of that quote where it's like 'and we'll never wash the blood off our hands'. As soon as you eliminate that transcendent value system, then something else has to try to replace it..." <https://thinkingfaith.libsyn.com/dr-brett-salkeld-and-dan-shervan-somewhat-of-a-catholic-part-2>

Did you know?



itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...'). Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee Did you know that... in 1493 Pope Alexander VI issued the first of four orders that granted most of North and South America to Spain, the kingdom that had sponsored Columbus's voyage of the preceding year. These orders helped shape the political and legal arguments that have come to be referred to as the 'Doctrine of Discovery' which was used to justify the colonization of the Americas in the 16th century. In return, the Spanish were expected to convert the Indigenous peoples of the Americas to Christianity.

Trinity Manor at Westerra



TRINITY
MANOR

Welcome Home!

Experience the true meaning of retirement with a world of choices, beautiful architecture, caring people and a variety of programs and services. One of our residents recently said, "If I was still living in my home, I would be so isolated now. But, living at Trinity Manor I have friends all around me". Regina's own Trinity Manor, a part of Emmanuel Care, under the leadership and sponsorship of the Catholic Bishops of Saskatchewan, is challenging the standard for retirement living. With our selection of suites starting at \$2245, luxury retirement living is more affordable than ever! Attend daily mass, receive the sacraments, or spend time in quiet reflection in our tranquil chapel.

Our amenities promote opportunities for our residents' personal growth, while providing stimulating and entertaining activities. Start your day by enjoying the country sunrise, 10 min. from downtown. Book your personal tour now by contacting Janet at 306-550-8077 or visit us at www.trinitymanorregina.ca.