

# ***LITTLE FLOWER PARISH***

**4TH SUNDAY IN ORDINARY TIME**

**JANUARY 30, 2022**

**Masking required to attend mass**

**Little Flower Weekend Masses**

Saturday 5:00 pm

Sunday 10:00 am

**Little Flower Weekday Masses**

Tuesday 4:00 pm

Wednesday through Friday 8:00 am

**College Park I Retirement Residence Liturgy**

1<sup>st</sup> & 3<sup>rd</sup> Thursday 10:00 am

**College Park II Retirement Residence Liturgy**

2nd & 4th Friday of the month 10:00 am

**Little Flower Office Hours (For In-person services)**

Monday to Thursday 4:00 pm to 5:30 pm

Friday 1:00 pm to 6:00 pm

Saturday 8:00 am to 4:00 pm

**Parish Staff Team**

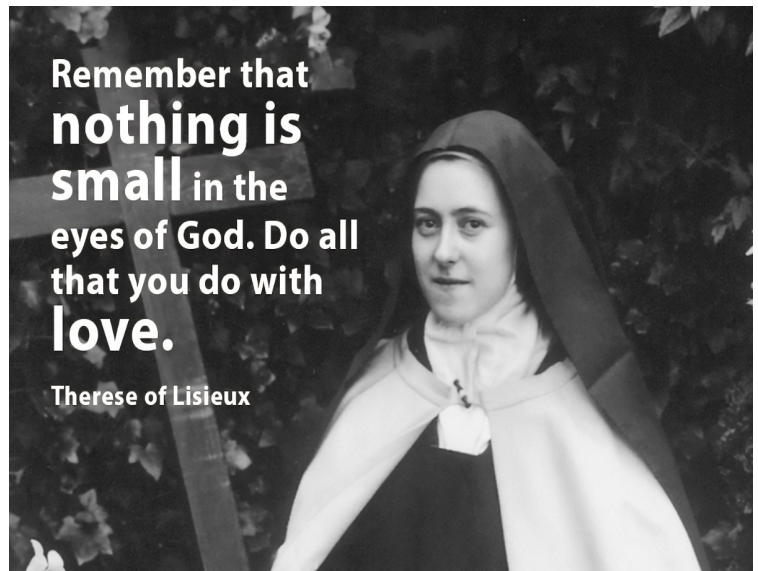
Parish Administrator: Rev. Jake Ibay

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Office Administrator: Valerio Quirino

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

Caretaker / Maintenance: Rick Morin



420 College Avenue

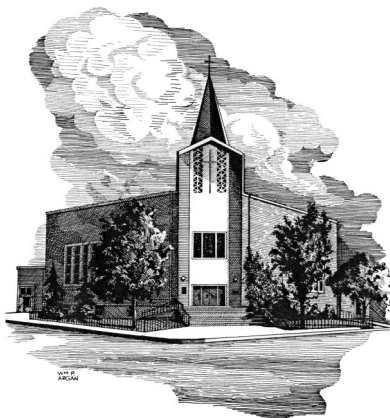
Regina, Saskatchewan

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**Website: [www.littleflowerregina.ca](http://www.littleflowerregina.ca)**



**Treaty Acknowledgement**



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nēhiyawak (neh HEY o wuk), Nahkawé (NUK ah way), and Nakota, and homeland of the Dakota, Lakota, and Métis peoples



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

*MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.*

# 4TH SUNDAY IN ORDINARY TIME

## JANUARY 30, 2022

**Theme:** We know who Jesus is. His identity is not a question for us as it was for the people of his time. But, on a deeper level, Jesus poses a question for us even today: Who do we want to be for him? This celebration offers us the opportunity to hear that challenge and to respond to it.

### This Week in the Parish . . .

*Daily Mass intentions as listed below:*

Tues., February 1	Healing Intentions of Roy LeBlanc
Wed., February 2	Healing Intentions of Paul Scimmellmann
Thurs., February 3	+Repose of Henry Roldan
Fri., February 4	+Repose of Remy Pagaduan
Sat., February 5	+Repose of Betsy Varjassy

Altar Server: Barb Aman

We ask you to please continue remembering our parish with your weekly donations. Your collection envelopes may be placed in the parish mail box outside the office.



### Little Flower Social Justice Committee REMINDER



Over the next three weekends (beginning January 16) we will be collecting men's underwear and socks for the Marian Centre. There is a particular need for these items, especially during the winter months. Warm winter socks, long underwear (medium & large sizes) and underwear (briefs and boxers in medium & large sizes) are suggested items. The Food Drive cart will be available for your donation. Thank you for considering and donating to help someone stay warm this winter.

### Hospital Chaplains



Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick. If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

### Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office. If you'd like to offer a mass on a specific date, please make arrangements at least one month in advance.

## Stewardship Bulletin Bit January 30, 2022 4th Sunday in Ordinary Time



*"Love is patient, love is kind. It is not jealous, it is not pompous..."*

*1 Corinthians 13:4*

Do you get jealous? Do you focus more on the things that other people have than on the gifts that God has given to you? Are you pompous? Do you acquire more possessions to impress others? At times we are all guilty of these things. Pray for more humility. Humility helps us become less "self-centered" and become more "God-centered" for the sake of others.

### Interesting Trivia Facts Hot Flowers

*"For, lo, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of the singing of birds is come, and the voice of the turtle is heard in our land"*

*Song of Solomon 2-11-12*



At the end of winter, when so many of us become weary of winter and look forward to spring, it might seem a little early to be talking about flowers blooming. You might like to know, however, that man is not the only one of God's creatures who would like to welcome spring a little early. There are some 2,500 species of plants that actually generate heat when they flower, and many of them are heating up beneath northern snows.

As early as February in western Pennsylvania, the skunk cabbage begins to generate enough heat to melt the ground and snow around itself so that it can begin to grow and flower. Even if the air temperature is zero degrees (F), the skunk cabbage can raise the air temperature around its flowers to 50 degrees - the temperature it needs for flowering. Plants in the same family begin heating up across the northern climates around the world.

Sometimes it seems as though the entire living world strains toward spring at this time of year. In the midst of widespread fears that the weather has somehow gotten seriously off track, spring should remind us of what the Lord promised Noah and his descendants - all of us, and all living things - *"While the earth remains, seedtime and harvest, cold and heat, winter and summer, and day and night shall not cease"*

*Genesis 8:22*

## Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out, our farmers, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially: Agnes Fahlman, Fred Fry, Shelly Joubert, Lima Perras, Jose Estioco, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, Louise Wingerter, Father Lorne Crozon & Fr. Peter Pham



If you are a new parishioner or would like to have your anniversary here please contact the office administrator.

## Vocation View



*"But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. "*

*1 Peter 2:9*

## Ministries Schedule for the Weekend

4 <sup>th</sup> Sunday Ordinary Time	January 29 <sup>th</sup> 5:00 PM Saturday	January 30 <sup>th</sup> 10:00 AM Sunday
<b>Ushers</b>	1. Jose Pascua 2. Charlie Cox 3. Barbra Aman 4. Doris Dietrich <b>Edgar Door</b>	1. Christina Abejar 2. Allan Abejar 3. Wade Probe 4. Alvin Knoll
<b>Community Leader</b>	Tom Kraemer	Gabe Seiferling
<b>Lectors</b>	Xanthine Catarina	Inocencia Sumargo
<b>Eucharistic Minister</b>	1. Brett Wingerter 2. Kevin Dyck 3. Bernadette Sokalski 4.	1. Bonny DeCorby 2. Noelle DeCorby 3. Tara Singh
<b>Music</b>	Illuminate	Seiferling & Co





## Opportunity for young professionals



Young Catholic Professionals (<https://www.youngcatholicprofessionals.org>) is an apostolate based in the US for young adults.

A number of young adults in our diocese have expressed interest in attending their YCP Conference in Frisco, Texas at the end of April.

Go to:

<https://www.youngcatholicprofessionals.org/events/they-will-be-done-2022-ycp-conference> for more information.

If you would be interested in being part of a small group that would travel to this conference (and would fund-raise together) please email the Office of Youth and Young Adult Ministry as soon as possible.

[oyyam@archregina.sk.ca](mailto:oyyam@archregina.sk.ca)

## World Day for Consecrated Life – February 2



Wednesday, February 2 is the feast of the Presentation of the Lord, the World Day for Consecrated Life. St. John Paul II started this annual observance in 1997 to "help the entire Church to esteem even more greatly the witness of those persons who have chosen to follow Christ by means of the practice of the evangelical counsels" of poverty, chastity, and obedience. All are invited to keep members of Religious Life, Secular Institutes, Associations of the Faithful and the Eremitical Life, and those discerning this vocation in prayer!

## On-Line Valentine's 50/50 Lottery



Lottery Tickets at <https://ourladyofpeace Regina5050.ca/> OR Call Anita at 543-0421 or call or text Dennis at 530-2370. Only available to Saskatchewan residents. 50% of sales to a max prize of \$2,500.00. Only 1,800 tickets available. Draw date 7:00 a.m. Feb. 14, 2022.

Share this exciting news with your family, friends, and co-workers. Sponsored by Our Lady of Peace Parish Finance Council in Regina to help with mortgage payments.

## TF280: Dr. Brett Salkeld and John Jalsevac - Part 1



Dr. Brett Salkeld and guest John Jalsevac discuss how, though they have different initial instincts with respect to vaccination, reasoned engagement with the sources makes it possible to sift fact from fiction and find common ground.

"I haven't come to some moment of clarity in which the heavens have opened and I realized all the anti-vaxxers or all the pro-vaxxers are right. Where I've come to is a point where I realize that intense, mutually beneficial conversations by people who disagree on matters is desperately needed."

<https://thinkingfaith.libsyn.com/dr-brett-salkeld-and-john-jalsevac-part-1>

## Did you know?



itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee

Did you know that... a National Centre for Truth and Reconciliation [NCTR] was established at the University of Manitoba in 2015 for the purpose of providing a permanent home for all statements, documents, and other materials gathered by the TRC. The Centre partners with universities, colleges, and other organizations across the country in promoting respectful dialogue on many issues that hinder or foster reconciliation

## Catholic Engaged Encounter



Getting married? Want a weekend away to focus on your relationship? Catholic Engaged Encounter uses a tried and true method of marriage preparation that has been used in hundreds of dioceses throughout the world since 1976 and was Vatican approved in 1992 by Pope John Paul II. A weekend will be held at the Echo Lake Bible Camp (ELBC) in Fort Qu'Appelle on February 11-13th. Due to COVID, the weekend is subject to change and will be assessed as needed. For more info or to register visit [www.ceewest.com](http://www.ceewest.com), Contact [Miri and James Schiller](mailto:Miri.and.James.Schiller@eereginaecc@gmail.com) at [eereginaecc@gmail.com](mailto:eereginaecc@gmail.com) if you have any questions.

## Myriam Family of the Prairies



The Myriam Family of the Prairies would like to invite you to an afternoon retreat with the theme: Learning to be a disciple led by the Holy Spirit!

**When:** On February 12th from 1h30 to 4h30 pm

**Where:** In person at their House of Prayer in McLean or on Zoom.

The retreat is including a time of talk and sharing, a time of deepening the Word of God and Eucharistic Adoration. For registration, please contact us at 306-761-0528 or email: [pss.prairies@famillemyriam.org](mailto:pss.prairies@famillemyriam.org) And we'll send you a Zoom link if you prefer following online.