

LITTLE FLOWER PARISH

12TH SUNDAY IN ORDINARY TIME
JUNE 25, 2023

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

(We continue to monitor phone calls
weekdays from 8:30 a.m. to 4 p.m.)

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &
Lauana Candido

Caretaker/Maintenance: Rick Morin

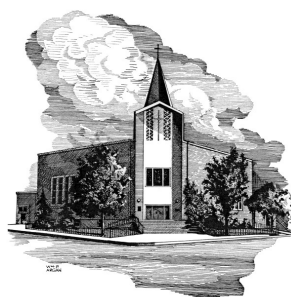
Parish email: littleflowerregina@sasktel.net



“The good God does not need years to accomplish His work of love in a soul; one ray from His Heart can, in an instant, make His flower bloom for eternity.”

St Therese of Lisieux

MISSION STATEMENT: *Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



420 College Avenue
Regina, Saskatchewan
S4N 0X2

Phone 306-522-8583

Email:

littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

LITTLE FLOWER PARISH

12TH SUNDAY IN ORDINARY TIME

JUNE 25, 2023

Theme: God's love has touched us, and nothing is the same. Through his eyes we see the world's sinful sickness, we risk playing the prophet to today's world?

This Week in the Parish . . .

Contact the office to request a Mass for your loved ones. The agenda for 2023 Mass requests is open

Mass intentions for this week are:

Tues., Jun 27	+Repose of Kathleen Wingerter
Wed., Jun 28	No Mass Intentions
Thu., Jun 29	No Mass Intentions
Fri., Jun 30	Thanksgiving Mass Cabanda Family
Sat., Jul 1	Intentions of Annie Dormuth

Altar Server Of the week: Jean Zdunich

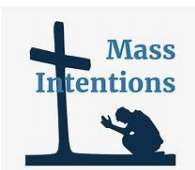
Return to Vibrancy Announcement:



St. Therese, the Little Flower was dedicated to Eucharist Adoration. She spent a great deal of time in church writing poems, prayers and devotions. It was during these times that she was filled with peace and the presence of the Lord.

St. Therese said: "Do you realize that Jesus is there in the tabernacle especially for you – for you alone. He burns with the desire to come into your heart."

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.



Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Parish office closed



The parish office will be closed during the upcoming weekend, from Friday, June 30th, until Monday, July 3rd. We will resume our services on Tuesday, July 4th. We appreciate your understanding.



"Everyone who acknowledges me before others I will acknowledge before my heavenly Father." Matthew 10:32

Would others know that you are Catholic by the way you act and speak? Do you share your Catholic faith with others? Do you defend your Catholic faith when the situation arises or do you remain silent? Do you pray in public before meals? Pray for the strength and courage to be a joyful witness of our Catholic faith when the opportunity presents itself. Let us become the radiant light and bold witness that we are called to be!

Upcoming Event: Little Voices Choir 5th year anniversary concert.



We are delighted to announce this upcoming event that promises to be a meaningful and inspiring experience for all who attend.

The 5th Year anniversary of The Little

Voices Choir!

Proceeds will be donated to Little Flower Parish for the structural maintenance of the Church.

Event's Date: July 30th, 2023

Time: Doors open 3:30 pm/ Starts at 4pm

Location: Little Flower Parish (420 College Av.)

Entrance Fee: \$10

Contact the Parish's office to purchase or talk to Father Jake during Mass.

Facebook Page



Our new Parish Facebook page is up and running! We'll be taking pictures at church events and Masses to share on Facebook. If you prefer not to have your pictures on the page, let us know at the office. Join us on Facebook by searching for: Little Flower Parish Regina and hitting the "Like" or "Follow" button.



(itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Standing Buffalo Dakota First Nation is located west of Fort Qu'Appelle and has a population of approximately 1000 members. It was not a signatory to Treaty 4, however, are recognized by the federal government's Indian Act and was issued a reserve in 1881. At the time of treaty in 1874, this Dakota band was not recognized as a band that had territory in Treaty 4 area. The band is named after Chief Standing Buffalo (Tatankanaje/Tatanka Najin) who succeeded his father as hereditary chief in 1871. Standing Buffalo First Nation has one of the best reserve-based <http://www.standingbuffalodakotanation.com/lacrossein> North America.

Prayer Ministry



Please pray for the needs of the sick of our parish, the home-bound, people who are alone and/or afraid to go out. Pray especially for: Germain

Beaurivage, Ann Dormuth, Jose

Estioco, Agnes Fahlman, Jack Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, the lonely, vulnerable, and homeless, as well as all who are affected by war.

Vocation View



"Courage is needed to speak God's word. Let no one intimidate you. God gives you the power to speak the truth."

(Matthew 10:26-33)

Thank You



Thank you to all the parishioners who attended our Success Breakfast last Sunday! Your presence and support made it a truly special and uplifting event. We extend our special thanks to each and every one of you

who contributed to the success of the breakfast by volunteering, organizing, preparing delicious food, setting up, and lending a helping hand throughout the morning. Your selfless dedication and hard work are truly commendable. Let us carry the spirit of unity, positivity, and shared success into all aspects of our lives, as we continue to grow together as a vibrant and loving community. Thank you and God bless you all!

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Grief: Noun: (ˈɡrɛf) a deep sorrow, often related to a person's death.

In the 13 Century, "hardship, suffering, pain, etc. and the Latin word *gravare*, meaning to make heavy, cause grief," and the Latin word *gravis*, meaning weighty. With the PIE root *gwere* "heavy." Resulting in "mental pain, sorrow is also from the 13 Century.

The saying good grief originated in 1912. It is an exclamation of surprise or dismay in 1912.

Grief in trauma is known as the normal response to a significant loss. This could result from a sudden death or a person with a long-term illness. It may occur during major accidents, fires, or other traumas. It may include different feelings, sadness, anger, despair or guilt.

LESSON TWENTY-SIX

Who was Jesus?

Videos: <https://archregina.sk.ca/group/catechetical-support-parishes/>

Catechism Text: CCC nos. 464-469

Sacred Scripture: John 20.28, Mark 14.61-62

St. Pope John Paul II: gave 97 Catechism Audiences on Jesus Christ between 1986-89. Nos. 13-45 are about who Jesus is. Number 13 starts the series with the "Identity of Christ". https://web.archive.org/web/20041215154548/http://www.vatican.va/holy_father/john_paul_ii/audiences/alpha/data/aud19870107en.html

Saint Bernadette: Nothing is anything anymore to me, everything is nothing to me, Only Jesus! Neither things, nor persons, neither ideas nor emotions, neither honour nor sufferings. Jesus is for me, honour, delight, heart and soul.

FAQ: Do the "people in the pews" need some theological background in order to understand the Catechism? It would be helpful, but the Catechism ordinarily traces the teaching's history, its sources, and its formulation through the ages and cites its principle commentators. The Catechism, in this sense, can be an educational instrument itself and not only a source for the composition of national and local catechisms and catechetical materials.

TF# 354: Fr. Aaron Wessman - The Church's Mission in a Polarized World - Part 2

In this part 2 of 2 episodes, Deacon Eric and Dr. Brett are joined by Glenmary Home Missioners vice president Fr. Aaron Wessman, author of the book "The Church's Mission in a Polarized World." We'll discuss the modern struggle with polarization within the Church and wider society and look at how best to respond from a Catholic perspective.

Show Snippet: "The son of God is sent and crosses over and he unites himself more intimately now with the world, right through the incarnation and it is that movement that is God's movement to come close to us, even in our weakness and our sin in the messiness of the world around us, to unite himself in order to bring about salvation. And it is that movement that is at the heart of any missionary discipleship. It is always a willingness to cross over to the other."

You can find Fr. Wessman's book "The Church's Mission in a Polarized World" in your local Catholic bookstore or online at; <https://www.newcitypress.com/the-church-s-mission-in-a-polarized-world.html>

<https://thinkingfaith.libsyn.com/fr-aaron-wessman-the-churchs-mission-in-a-polarized-world-part-2>

Go Make Disciples

Take your faith to the next level with the Archdiocese of Regina's Lay Formation Program! Our program provides solid teaching on theology, ethics, scripture, and more, as well as opportunities to deepen your spiritual life and develop leadership skills for parish and community service. We are currently accepting applications for our fall intake. For more information on how to register, contact Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at egu-rash@archregina.sk.ca.

