LITTLE FLOWER PARISH

PALM SUNDAY APRIL 2ND, 2023

Little Flower Weekend Masses

Saturday 5 p.m. Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 p.m.

Wednesday, Thursday & Friday 8 a.m.

College Park I Retirement Residence Liturgy 1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy 2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

(We continue to monitor phone calls weekdays from 8:30 a.m. to 4 p.m.)

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino & Lauana

Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.

420 College Avenue
Regina, Saskatchewan
S4N 0X2
Phone 306-522-8583
Email: littleflowerregina@sasktel.net
www.littleflowerregina.ca



Land Acknowledgement

Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and home-

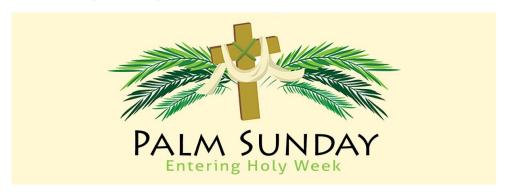
land of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

PALM SUNDAY APRIL 2ND, 2023

Theme: To be a follower of Jesus is not an easy vocation. Suffering, pain and death are real elements of Christianity. But if we enter into them, like Jesus, we will achieve the new life of Easter.



This Week in the Parish ...

Contact the office to request a Mass for your loved ones. The agenda for 2023 Mass requests is open

Mass intentions for this week are:

Tues., April 4	4 p.m.	Intentions of McGonial Family
Wed., April 5	8 a.m.	+Repose of Kelsey Marcia
Thu, April 6	8 a.m.	No Mass Intentions
Fri., April 7	3 p.m.	Good Friday
Sat., Apr 8	6 p.m.	+Repose of Alan Kelm
(Holy Saturday)	_	_

Weekday Altar Server: Barb Aman

Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the



dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Weekdays Mass Cancelled

Weekday Masses on April 11th, 12th and 13th are cancelled. Weekday Masses will resume on Friday, April 14th at 8:00 am. Thank you for your understanding.

Return to Vibrancy Announcement:

St. Therese of Lisieux is also called the Little Flower. All through her life she suffered with poor health, including tuberculosis. No matter the difficulties and struggles, she maintained an unselfish service to her religious order. As we work to improve the health and well-being of our parish, Little Flower; may we be reminded that we all have a responsibility in offering our service.

St. Therese said: "It isn't enough to love. We must prove it."

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Holy Face of Jesus

The Holy Face of Jesus (shroud of Turin) will be on a billboard from the 3rd-24 April on Sask. Dr / Ottawa St. Come gaze on this Holy Face during this Easter season!



"As they were marching out, they came upon a man of Cyrene, Simon by name; this man they pressed into service to carry his cross."

Matthew 27:32

The Lord calls us to love God and to love our neighbor. Every day we are presented with opportunities to love our neighbor and help him "carry his cross." These opportunities aren't usually big events, they are usually ordinary occurrences like helping someone carry their groceries or holding the door open for them. The key is putting the other person's needs before our own and not expecting anything in return.



Food Drive

We will have our monthly Food Drive next weekend, April 8 & 9. All contributions are welcome. Thank you for sharing your treasure with those around you. Please be mind-

ful that we do not accept packaging that has been opened, items that are partially used or those beyond their expiry date.



Easter Season Mass Schedule

Tuesday of the Holy Week, April 4th Mass at 4 p.m.

Stations of the Cross—Right After Mass Parish Lenten Reconciliation at 6 p.m.

Wednesday of the Holy Week, April 5th - Mass at 8 a.m.

Holy Thursday Mass, April 6th

Mass at 6:00pm (Washing of the feet) 7pm-8pm Eucharist Vigil

Good Friday Mass, April 7th

Mass at 3:00pm—Adoration of the Cross

Holy Saturday/Paschal Vigil, April 8th - Mass at 6:00pm

Easter Sunday, April 9th—Mass at 10:00 am

Prayer Ministry



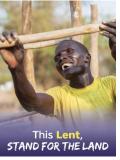
Please pray for the needs of the sick of our parish, the home-bound, people who are alone and/or afraid to go out. Pray especially for: Germain Beaurivage, Ann Dormuth, Jose

Estioco, Agnes Fahlman, Marlene Frey, Fred Fry, Jack Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, the lonely, vulnerable, and homeless, as well as all who are affected by war.

Vocation View

"Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light."

Ephesians 5:8-14:



Development & Peace Thank you for giving from the heart to Share Lent 2023!

Development and Peace — Caritas Canada thanks you for supporting the People and Planet First campaign with your Share Lent donation. This sum will help support our sisters and brothers

in Africa, Asia, Eastern Europe, Latin America and the Middle East.

If you have not had a chance to donate, there is still time to place your Share Lent envelope in the offertory or to donate online at devp.org/give.

Thank you for continuing to pray for all those who are working to build a world of peace and justice.

it F

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...') Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee. Did you know... Little Black Bear First Nation is a Cree and Assiniboine (Nakota) band located near Balcarres, SK and has a population of approximately 600 members who reside

on and off reserve. Chief kees kee hew mus-coo muskwa (Little Black Bear) was one of the Signatories of Treaty 4 on September 15, 1874. Today, Little Black Bear is accomplishing its goals for self-sufficiency through many economic development initiatives including, the ownership of the Petro Canada Service Station and Tim Hortons in Fort Qu'Appelle, SK. Retrieved on March 23, 2023 <u>littleblack-</u>

bear.ca/

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution. Guilt: ('gilt) Noun: the state of having committed an offence, or remorse over action or inaction. From old English guylt: crime, sin, fault or fine" In 1690, "a sense of guilt" was first recorded, but as a misuse of its original, "guilt by association" was first used in 1941. Guilt is a negative emotion but can lead to positive change. When related to traumatic events, guilt can result in depression, shame, and anxiety.

Pontifical Collection for the Holy Land on Good Friday

The Good Friday Collection is requested by the Holy See to help maintain the Church's holy places in the Holy Land, so important to the faith of Christians everywhere, and also to support the faithful who struggle to survive under political and economic oppression and persecution. This Pontifical Collection will be taken during the Good Friday celebration on April 7 2023. Those who are unable to attend the service, or who prefer to contribute online, may do so by Interac etransfer or **CanadaHelps** by visiting:

www.commissariat.ca/supporting-us

LESSON SIXTEEN

FAQ: Is the Catechism a spiritual book in any sense? The Catechism's spirituality rests on the Trinitarian life. The relationships among the persons of the Trinity provide the model for human relationships. To put the Catechism in the context of prayer, some suggest reading Book Four (Prayer) first. It can be read from the point of view of a spiritual journey in how the Church believes, celebrates, lives and prays to assist in formation with hope of transformation by God's grace. Placing the Trinity as the organizing principle of the Catechism assures its spiritual orientation.

What does it mean that God is Triune? Quelle est la signification de Dieu qui est Trinité?

Watch Videos: archregina.sk.ca/group/catechetical-support-parishes/

Read the Catechism Text: CCC#'s 234, 237, 253-256 Sacred Scripture: Genesis 1.2, 1.29 (God said: "Let Us"), Matthew 3.16 & 17, John 1.1-3, 6.27 & 14.16-26 Pope Francis: "...the action of the three divine Persons -Father, Son, and Holy Spirit – is a single plan of love that saves humanity and the world." (given at an Angelus on the Feast of the Holy Trinity. June 2020).

TF#342 ChatGPT and AI with John Jalsevac - Part 2

In this part 2 of 2, Deacon Eric and Dr. Brett visit with John Jalsevac about the explosion of interest in Artificial Intelligence and ChatGPT the newest large language model AI to be opened to the general public that demonstrates remarkable capabilities and is poised to have profound effects on arts, culture and the way humans think about themselves and others. Show Snippet: "So if you want to train one of these models how to recognize a cat, for instance, what these programmers will do is they create this neural network using many computers. Then they show it images of, millions of cats, and at the end of it, it can predict that it's a cat with a high degree of accuracy. But a human being can actually detect a cat based upon a very small number. We have this capacity to see things as what they are with almost no effort." thinkingfaith.libsyn.com/chatgpt-and-ai-withjohn-jalsevac-part-2

LESSON SEVENTEEN

FAQ: Is the Catechism intended to substitute for local, approved catechisms and catechetical materials? No. The Catechism is intended to assist national and local churches in drafting new catechisms and catechetical materials. As John Paul II said in the Apostolic Constitution Fidei Depositum, "It is meant to encourage and assist in the writing of new local catechisms, which take into account various situations and cultures, while carefully preserving the unity of faith and fidelity to Catholic doctrine." How can we summarize belief in the Trinity? Comment peut-on résumer la Foi en la Trinité? Watch Videos: archregina.sk.ca/group/catecheticalsupport-parishes/ Read the Catechism Text: CCC #'s 198-200. Review the Credo Chart: In the CCCB Catechism, it is found immediately before CCC # 185, or https://hismercy.ca/content/church_docs/ catechism/credo.htm

Musica Sacra

Good Friday, April 7 at 7:30 PM in the Campion Chapel, with Conductor Dr. Melissa Morgan Featuring: - Frank Martin's Mass for Double Choir.

Considered 'One of the greatest a cappella works written this century' this truly wonderful work, combines intensely personal moments of religious contemplation with outbursts of overwhelming glory. Don't miss Musica Sacra at Campion College

Easter Flowers in Memory of...

Jean Schmidt Eileen Schmidt Eddy Schmidt

Edward Leier
Leonard & Florence Baker
Jan Lake
Jean Leier relatives who passed way



Winnifred Kel & Harold Kelm Alan Kelm Heinz Blank Hildegard Willen & Albert Blank

Craig Pale

Cesar, Timotea, Totoy, Apolonia, Norman, Ben, Ponce, Tito, Tessie, Dennis, Rusty Valerie Imperio Severino Abejar



Tony & Kay Fahlman Eric Siebert Sandra Peltier Wayne Cunningham

Brenda Dyck

May Dormuth & Family Alex Patrick & Family

Manuel Estacion

